

### PODIOS POR CATEGORÍA

| Pos                     | Dor | Nombre                          | Categoría | S | PC | Club                            | Tiempo   | Ritmo |
|-------------------------|-----|---------------------------------|-----------|---|----|---------------------------------|----------|-------|
| <b>S23F - FEMENINO</b>  |     |                                 |           |   |    |                                 |          |       |
| 150                     | 128 | GAUDUCHEAU GAUDUCHEAU, LALIE    | S23F      | M | 1  | TRIATHLON LA ROCHE SUR YON      | 00:22:28 | 0     |
| 216                     | 83  | DE LA FUENTE TIMIREVA, PATRICIA | S23F      | M | 2  | PAN MORENO                      | 00:25:01 | 0     |
| 217                     | 86  | DÍAZ MUÑOZ, SOFÍA               | S23F      | M | 3  | AD RUNNIG SANTOMERA             | 00:25:01 | 0     |
| <b>S23M - MASCULINO</b> |     |                                 |           |   |    |                                 |          |       |
| 7                       | 31  | BALLESTER MARTÍNEZ, MIGUEL      | S23M      | H | 1  | CASTIGADORES                    | 00:16:39 | 0     |
| 13                      | 348 | VICENTE HERNÁNDEZ, RAMÓN PABLO  | S23M      | H | 2  | RAJAOS RUNNERS                  | 00:17:10 | 0     |
| 40                      | 39  | BELHAJIYEN HAMMOUTOU, ABDESSAM  | S23M      | H | 3  | CA MURCIA PDS GROUP             | 00:18:55 | 0     |
| <b>M35F - FEMENINO</b>  |     |                                 |           |   |    |                                 |          |       |
| 86                      | 165 | LÓPEZ ASENSIO, MARTA            | M35F      | M | 1  |                                 | 00:20:29 | 0     |
| 131                     | 141 | HERAS SANCHEZ, CARMEN           | M35F      | M | 2  |                                 | 00:21:52 | 0     |
| 163                     | 289 | RABADAN OLIVA, NURIA            | M35F      | M | 3  |                                 | 00:23:00 | 0     |
| <b>M35M - MASCULINO</b> |     |                                 |           |   |    |                                 |          |       |
| 3                       | 353 | VILLEGAS JAÉN, ANTONIO          | M35M      | H | 1  |                                 | 00:16:07 | 0     |
| 11                      | 49  | BITRAGO GUTIÉRREZ, FRANCISCO    | M35M      | H | 2  |                                 | 00:17:05 | 0     |
| 15                      | 302 | ROLDÁN JAREÑO, PEDRO JAVIER     | M35M      | H | 3  | GRUPO ALCARAZ                   | 00:17:16 | 0     |
| <b>M40F - FEMENINO</b>  |     |                                 |           |   |    |                                 |          |       |
| 123                     | 150 | IGLESIAS PEÑA, NOELIA           | M40F      | M | 1  |                                 | 00:21:36 | 0     |
| 160                     | 159 | KRAWCOW KRAWCOW, AGA            | M40F      | M | 2  |                                 | 00:22:55 | 0     |
| 193                     | 143 | HERNÁNDEZ LATORRE, MERCE        | M40F      | M | 3  |                                 | 00:24:02 | 0     |
| <b>M40M - MASCULINO</b> |     |                                 |           |   |    |                                 |          |       |
| 1                       | 354 | VILLEGAS JAÉN, FERNANDO         | M40M      | H | 1  | CA PUERTO DE TORREVIEJA         | 00:15:46 | 0     |
| 2                       | 10  | ACEBO MONTES, HENRY SALVADOR    | M40M      | H | 2  | ECUADOR                         | 00:16:04 | 0     |
| 4                       | 99  | FERNANDEZ MICOL, DANIEL         | M40M      | H | 3  | CLUB ATLETISMO ALKANTARA        | 00:16:12 | 0     |
| <b>M45F - FEMENINO</b>  |     |                                 |           |   |    |                                 |          |       |
| 43                      | 97  | FERNANDEZ DIAZ, ANA ISABEL      | M45F      | M | 1  | RAJAOS RUNNERS                  | 00:18:59 | 0     |
| 66                      | 148 | HERRERO SANCHEZ, ANA MARIA      | M45F      | M | 2  | C.D. RAFAL RUNNING              | 00:19:39 | 0     |
| 139                     | 212 | MARTÍNEZ MARTÍNEZ, MARÍA LUISA  | M45F      | M | 3  | CLUB ATLETISMO BARQUEROS RUNNIN | 00:22:11 | 0     |
| <b>M45M - MASCULINO</b> |     |                                 |           |   |    |                                 |          |       |
| 8                       | 157 | JOHN BENJAMIN HODGES, STEPHEN   | M45M      | H | 1  |                                 | 00:16:43 | 0     |
| 29                      | 309 | RUBIO FERNANDEZ, JUAN ANTONIO   | M45M      | H | 2  | TRIATLONARCHENA                 | 00:18:11 | 0     |
| 41                      | 48  | BUENDIA RIQUELME, PEDRO ANTONIO | M45M      | H | 3  | CLUB ATLETISMO ALKANTARA        | 00:18:56 | 0     |
| <b>M50F - FEMENINO</b>  |     |                                 |           |   |    |                                 |          |       |
| 105                     | 238 | MUÑOZ GIL, RAQUEL               | M50F      | M | 1  | IINDEPENDIENTE                  | 00:20:50 | 0     |
| 151                     | 338 | SORIANO ORTUÑO, MARIA ANGELES   | M50F      | M | 2  | FONDISTA YECLA                  | 00:22:31 | 0     |
| 157                     | 55  | CÁNOVAS MARTÍNEZ, PILAR         | M50F      | M | 3  | PAN MORENO                      | 00:22:47 | 0     |
| <b>M50M - MASCULINO</b> |     |                                 |           |   |    |                                 |          |       |
| 27                      | 205 | MARTINEZ GARCIA, JOSE           | M50M      | H | 1  | INDEPENDIENTE                   | 00:18:06 | 0     |
| 33                      | 161 | LENCINA NAVA, JOSE LUIS         | M50M      | H | 2  | CLUB TRIATLON ARCHENA           | 00:18:21 | 0     |
| 36                      | 96  | ESTAÚN CLAVER, SERGIO           | M50M      | H | 3  | CORREBIRRAS                     | 00:18:36 | 0     |

### PODIOS POR CATEGORÍA

| Pos                     | Dor | Nombre                          | Categoría | S | PC | Club                            | Tiempo   | Ritmo |
|-------------------------|-----|---------------------------------|-----------|---|----|---------------------------------|----------|-------|
| <b>M55F - FEMENINO</b>  |     |                                 |           |   |    |                                 |          |       |
| 135                     | 352 | VILLAESCUSA SORIANO, M.CARMEN   | M55F      | M | 1  | PAN MORENO                      | 00:22:03 | 0     |
| 199                     | 373 | NOGUERA SANCHEZ, ANA            | M55F      | M | 2  | CORREBIRAS                      | 00:24:10 | 0     |
| 300                     | 82  | DE LA CRUZ KAISER, CRISTINA     | M55F      | M | 3  | PAN MORENO                      | 00:29:01 | 0     |
| <b>M55M - MASCULINO</b> |     |                                 |           |   |    |                                 |          |       |
| 17                      | 73  | CORBALÁN BLAYA, MIGUEL ANGEL    | M55M      | H | 1  | C.A. MOLINA AVESCO              | 00:17:26 | 0     |
| 24                      | 343 | TOVAR NAVARRO, DIEGO            | M55M      | H | 2  | RAJAOS RUNNERS                  | 00:17:58 | 0     |
| 26                      | 273 | PEREZ SANCHEZ, DIEGO            | M55M      | H | 3  | DIEGO-TEAM                      | 00:18:04 | 0     |
| <b>M60F - FEMENINO</b>  |     |                                 |           |   |    |                                 |          |       |
| 142                     | 8   | ABAD IZQUIERDO, SUSANA          | M60F      | M | 1  | PAN MORENO                      | 00:22:16 | 0     |
| 277                     | 378 | LACARCEL HURTADO, TOÑI          | M60F      | M | 2  | RAJAOS RUNNERS                  | 00:27:38 | 0     |
| 279                     | 227 | MÍNGUEZ FERNÁNDEZ, PRUDEN       | M60F      | M | 3  | INDEPENDIENTE                   | 00:27:39 | 0     |
| <b>M60M - MASCULINO</b> |     |                                 |           |   |    |                                 |          |       |
| 25                      | 366 | GALLEGOS GUALLAKIL, WILSON      | M60M      | H | 1  | RAJAOS RUNNERS                  | 00:18:01 | 0     |
| 39                      | 362 | MARTINEZ FERNANDEZ, RAFAEL JOSE | M60M      | H | 2  | GRUPO ALCARAZ                   | 00:18:52 | 0     |
| 83                      | 331 | SERRANO DE LA ROSA, PEDRO       | M60M      | H | 3  | CLUB ATLETISMO HELLÍN           | 00:20:27 | 0     |
| <b>M65F - FEMENINO</b>  |     |                                 |           |   |    |                                 |          |       |
| 327                     | 310 | RUIPEREZ BALSALOBRE, ANTONIA    | M65F      | M | 1  | UCAM ATLETICA ALCANTARILLA      | 00:32:59 | 0     |
| <b>M65M - MASCULINO</b> |     |                                 |           |   |    |                                 |          |       |
| 113                     | 214 | MARTÍNEZ MORENO, LÁZARO         | M65M      | H | 1  | CA MOLINA AVESCO                | 00:21:08 | 0     |
| 149                     | 240 | MUÑOZ ROS, JOSE FRANCISCO       | M65M      | H | 2  | HOPP MURCIA                     | 00:22:28 | 0     |
| 153                     | 12  | AGUILAR ESCALERA, ENRIQUE       | M65M      | H | 3  | WERTANIC@S RUNNING              | 00:22:31 | 0     |
| <b>M70M - MASCULINO</b> |     |                                 |           |   |    |                                 |          |       |
| 97                      | 221 | MARTINEZ SORIANO, ANDRES        | M70M      | H | 1  | C.A. HOGAR NOGALTE PUERTO LUMBR | 00:20:42 | 0     |
| 137                     | 304 | ROMEO PEREZ, FRANCISCO          | M70M      | H | 2  |                                 | 00:22:06 | 0     |
| 215                     | 296 | RIQUELME SÁNCHEZ, ANTONIO       | M70M      | H | 3  | UCAM ATLETICA ALCANTARILLA      | 00:24:57 | 0     |
| <b>SNF - FEMENINO</b>   |     |                                 |           |   |    |                                 |          |       |
| 47                      | 187 | MANDRYK MANDRYK, DIANA          | SNF       | M | 1  |                                 | 00:19:10 | 0     |
| 152                     | 210 | MARTÍNEZ MARTÍNEZ, DESIRÉE      | SNF       | M | 2  | PAN MORENO                      | 00:22:31 | 0     |
| 164                     | 134 | GUAYANAY REY, RUTH              | SNF       | M | 3  |                                 | 00:23:02 | 0     |
| <b>SNM - MASCULINO</b>  |     |                                 |           |   |    |                                 |          |       |
| 5                       | 63  | CASTAÑO ILLAN, PEDRO JAVIER     | SNM       | H | 1  |                                 | 00:16:29 | 0     |
| 9                       | 21  | ALVAREZ BALLESTER, FRANCISCO    | SNM       | H | 2  |                                 | 00:16:52 | 0     |
| 12                      | 208 | MARTÍNEZ LEÓN, JOSE ANTONIO     | SNM       | H | 3  |                                 | 00:17:10 | 0     |

### GENERAL FEMENINO

| Pos | Dor | Nombre                     | Categoría | S | PC | Club               | Tiempo   | Ritmo |
|-----|-----|----------------------------|-----------|---|----|--------------------|----------|-------|
| 43  | 97  | FERNANDEZ DIAZ, ANA ISABEL | M45F      | M | 1  | RAJAOS RUNNERS     | 00:18:59 | 0     |
| 47  | 187 | MANDRYK MANDRYK, DIANA     | SNF       | M | 1  |                    | 00:19:10 | 0     |
| 66  | 148 | HERRERO SANCHEZ, ANA MARIA | M45F      | M | 2  | C.D. RAFAL RUNNING | 00:19:39 | 0     |

### GENERAL MASCULINO

| Pos | Dor | Nombre                       | Categoría | S | PC | Club                    | Tiempo   | Ritmo |
|-----|-----|------------------------------|-----------|---|----|-------------------------|----------|-------|
| 1   | 354 | VILLEGAS JAÉN, FERNANDO      | M40M      | H | 1  | CA PUERTO DE TORREVIEJA | 00:15:46 | 0     |
| 2   | 10  | ACEBO MONTES, HENRY SALVADOR | M40M      | H | 2  | ECUADOR                 | 00:16:04 | 0     |
| 3   | 353 | VILLEGAS JAÉN, ANTONIO       | M35M      | H | 1  |                         | 00:16:07 | 0     |