# 4ª CARREBIRRAS MIL PALMERAS 2026

Carrera Absoluta (6k) (6000 m) - 08-08-2026

## PODIOS POR CATEGORÍA

| Pos | Dor | Nombre | Categoria | S | PC | Club | Tiempo | Ritmo |
|---|---|---|---|---|---|---|---|---|
| **Sub23 - MASCULINO** | | | | | | | | |
| 25 | 95 | OÑATE REQUENA, JUAN JOSE | Sub23 | H | 1 | | 00:23:35 | 03:55 |
| 29 | 110 | ROS SÁNCHEZ, SERGIO | Sub23 | H | 2 | CLUB TRIATLÓN GUERRITA ALCANTARI | 00:23:53 | 03:58 |
| 70 | 279 | SÁNCHEZ PINAR, PEDRO | Sub23 | H | 3 | | 00:25:46 | 04:17 |
| **Sub23 - FEMENINO** | | | | | | | | |
| 28 | 35 | FERNÁNDEZ ORTIZ, MARINA | Sub23 | M | 1 | TRIATLON GUERRITA ALCANTARILLA | 00:23:51 | 03:58 |
| 53 | 68 | MAROTO MARTÍN, ELSA | Sub23 | M | 2 | MARMA | 00:24:59 | 04:09 |
| 143 | 129 | VITALE ?, LETIZIA | Sub23 | M | 3 | RUNNER VARESE IT | 00:29:11 | 04:51 |
| **Master 35 - MASCULINO** | | | | | | | | |
| 2 | 127 | VEGARA MIRETE, JUAN FRANCISCO | Master 35 | H | 1 | CLUB DE LAS 6 | 00:21:04 | 03:30 |
| 9 | 188 | GARCIA-MOLINA CANOVAS, JOSE LUIS | Master 35 | H | 2 | PUPILOS DE EL CORDOBES | 00:22:14 | 03:42 |
| 15 | 216 | LÓPEZ MIÑANO, JESÚS | Master 35 | H | 3 | GRUPO IBÉRICO TRAINING | 00:23:00 | 03:50 |
| **Master 35 - FEMENINO** | | | | | | | | |
| 152 | 509 | NOGUERA MOLINA, MARIA JOSE | Master 35 | M | 1 | | 00:29:32 | 04:55 |
| 173 | 57 | JIMÉNEZ MARTÍNEZ, MARÍA DOLORES | Master 35 | M | 2 | COMEMILLAS RC | 00:30:05 | 05:00 |
| 206 | 126 | VAN QUATHEM -, CELINE | Master 35 | M | 3 | | 00:30:52 | 05:08 |
| **Master 40 - MASCULINO** | | | | | | | | |
| 1 | 118 | SANDOVAL CONESA, RUBEN | Master 40 | H | 1 | | 00:21:03 | 03:30 |
| 3 | 540 | MORENO GONZáLEZ, JOSé | Master 40 | H | 2 | | 00:21:10 | 03:31 |
| 4 | 2 | ABELLAN MAYOL, JOSÉ ANTONIO | Master 40 | H | 3 | CLUB FONDISTAS ALCANTARILLA | 00:21:23 | 03:33 |
| **Master 40 - FEMENINO** | | | | | | | | |
| 135 | 166 | DE PRADO HERNÁNDEZ, SUSANA | Master 40 | M | 1 | CLUB CORREDORES | 00:28:53 | 04:48 |
| 150 | 19 | CANALES PERTEGAL, MARÍA DEL CARM | Master 40 | M | 2 | C. A. TRAGAMILLAS | 00:29:27 | 04:54 |
| 177 | 55 | IGLESIAS SÁNCHEZ, JESSICA | Master 40 | M | 3 | CASF | 00:30:12 | 05:02 |
| **Master 45 - MASCULINO** | | | | | | | | |
| 16 | 26 | COSTA LÓPEZ, DAMIAN | Master 45 | H | 1 | C.R. LOS BIELAS ROTAS | 00:23:03 | 03:50 |
| 17 | 147 | BAS LÓPEZ, ABEL | Master 45 | H | 2 | | 00:23:04 | 03:50 |
| 26 | 343 | GARROTE MORENO, FERNANDO | Master 45 | H | 3 | GRUPO ALCARAZ | 00:23:37 | 03:56 |
| **Master 45 - FEMENINO** | | | | | | | | |
| 91 | 387 | LORENTE BELMONTE, BEATRIZ | Master 45 | M | 1 | GRUPO ALCARAZ | 00:26:56 | 04:29 |
| 95 | 70 | MARTINEZ GARCIA, SILVIA | Master 45 | M | 2 | | 00:27:15 | 04:32 |
| 112 | 43 | GARVIA SEGORBE, CRISTINA | Master 45 | M | 3 | CLUB ATLETISMO ARROYOMOLINOS | 00:28:11 | 04:41 |
| **Master 50 - MASCULINO** | | | | | | | | |
| 12 | 445 | CARRILLO MOLINA, ADOLFO | Master 50 | H | 1 | CLUB ALCARAZ | 00:22:47 | 03:47 |
| 46 | 390 | NICOLAS FRUCTUOSO, PEDRO | Master 50 | H | 2 | RANEROCORRE S.D. | 00:24:47 | 04:07 |
| 75 | 331 | DIAZ ANDUJAR, JOSE ANTONIO | Master 50 | H | 3 | | 00:26:07 | 04:21 |
| **Master 50 - FEMENINO** | | | | | | | | |
| 110 | 64 | LOUISE RHODES, JANET | Master 50 | M | 1 | LOSTOCK AC | 00:28:04 | 04:40 |
| 162 | 88 | MUÑOZ TORRECILLAS, VICTORIA | Master 50 | M | 2 | | 00:29:48 | 04:58 |
| 221 | 47 | HERNÁNDEZ ARACIL, SONIA | Master 50 | M | 3 | | 00:31:45 | 05:17 |

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## PODIOS POR CATEGORÍA

| Pos | Dor | Nombre | Categoria | S | PC | Club | Tiempo | Ritmo |
|---|---|---|---|---|---|---|---|---|
| **Master 55 - MASCULINO** | | | | | | | | |
| 24 | 81 | MORA MAYANS, LORENZO | Master 55 | H | 1 | CLUB DE ATLETISMO LOS MONTESINOS | 00:23:32 | 03:55 |
| 106 | 278 | SÁNCHEZ MARTÍNEZ, DAVID | Master 55 | H | 2 | | 00:27:49 | 04:38 |
| 113 | 408 | ROS GARCIA, VICTOR MANUEL | Master 55 | H | 3 | | 00:28:12 | 04:42 |
| **Master 55 - FEMENINO** | | | | | | | | |
| 131 | 10 | BALLESTEROS JUAN, MARÍA TERESA | Master 55 | M | 1 | GRUPO ALCARAZ | 00:28:44 | 04:47 |
| 235 | 36 | FORSTER FORSTER, NIKKI | Master 55 | M | 2 | | 00:32:11 | 05:21 |
| 247 | 116 | SÀNCHEZ SOLER, GLORIA | Master 55 | M | 3 | ORIOL | 00:32:40 | 05:26 |
| **Master 60 - MASCULINO** | | | | | | | | |
| 88 | 270 | RODRÍGUEZ LAGO, ALBERTO | Master 60 | H | 1 | C. D CARTAGENA RUNNING | 00:26:52 | 04:28 |
| 121 | 302 | AIX MIÑANO, JOSÉ FRANCISCO | Master 60 | H | 2 | C.D. RAFAL RUNNING | 00:28:26 | 04:44 |
| 123 | 531 | MARTíNEZ MIRALLES, DAVID | Master 60 | H | 3 | GRUPO CALICHE ONE TELECOM | 00:28:26 | 04:44 |
| **Master 60 - FEMENINO** | | | | | | | | |
| 191 | 7 | ANN MORRIS, SHARON | Master 60 | M | 1 | | 00:30:36 | 05:06 |
| 218 | 77 | MCCOY KAREN, SALLY | Master 60 | M | 2 | LOSTOCK AC | 00:31:29 | 05:14 |
| 325 | 267 | RACHEL CASEY, ELIZABETH | Master 60 | M | 3 | RUNNING WILD | 00:35:10 | 05:51 |
| **Senior - MASCULINO** | | | | | | | | |
| 5 | 131 | VIVES GILABERT, AARON | Senior | H | 1 | ZO SPORT | 00:21:25 | 03:34 |
| 6 | 584 | GARCÍA GONZÁLEZ, JOSE ANGEL | Senior | H | 2 | C.A. ALMORADÍ TRIKILÓMETROS | 00:21:38 | 03:36 |
| 7 | 337 | FLORES VICENTE, JORGE | Senior | H | 3 | | 00:21:46 | 03:37 |
| **Senior - FEMENINO** | | | | | | | | |
| 96 | 56 | INGLES PEDREÑO, YOLANDA | Senior | M | 1 | C.D. TRITANDEM | 00:27:15 | 04:32 |
| 107 | 67 | MARCO MENARGUEZ, MARINA | Senior | M | 2 | GRUPO ORIOLANO DE MONTAÑISMO | 00:27:50 | 04:38 |
| 130 | 66 | MANZANO LOPEZ, ANDREA | Senior | M | 3 | ONE CLINIC ENDURANCE | 00:28:42 | 04:47 |

## GENERAL FEMENINO

| Pos | Dor | Nombre | Categoria | S | PC | Club | Tiempo | Ritmo |
|---|---|---|---|---|---|---|---|---|
| 28 | 35 | FERNÁNDEZ ORTIZ, MARINA | Sub23 | M | 1 | TRIATLON GUERRITA ALCANTARILLA | 00:23:51 | 03:58 |
| 53 | 68 | MAROTO MARTÍN, ELSA | Sub23 | M | 2 | MARMA | 00:24:59 | 04:09 |
| 91 | 387 | LORENTE BELMONTE, BEATRIZ | Master 45 | M | 1 | GRUPO ALCARAZ | 00:26:56 | 04:29 |

## GENERAL MASCULINO

| Pos | Dor | Nombre | Categoria | S | PC | Club | Tiempo | Ritmo |
|---|---|---|---|---|---|---|---|---|
| 1 | 118 | SANDOVAL CONESA, RUBEN | Master 40 | H | 1 | | 00:21:03 | 03:30 |
| 2 | 127 | VEGARA MIRETE, JUAN FRANCISCO | Master 35 | H | 1 | CLUB DE LAS 6 | 00:21:04 | 03:30 |
| 3 | 540 | MORENO GONZáLEZ, JOSé | Master 40 | H | 2 | | 00:21:10 | 03:31 |

# 4ª CARREBIRRAS MIL PALMERAS 2026

Carrera Absoluta (6k) (6000 m) - 08-08-2026

## LOCALES FEMENINO

| Pos | Dor | Nombre | Categoria | S | PC | Club | Tiempo | Ritmo |
|---|---|---|---|---|---|---|---|---|
| 1 | 68 | MAROTO MARTÍN, ELSA | Sub23 | M | 2 | MARMA | 00:24:59 | 04:09 |
| 2 | 387 | LORENTE BELMONTE, BEATRIZ | Master 45 | M | 1 | GRUPO ALCARAZ | 00:26:56 | 04:29 |
| 3 | 55 | IGLESIAS SÁNCHEZ, JESSICA | Master 40 | M | 3 | CASF | 00:30:12 | 05:02 |

## LOCALES MASCULINO

| Pos | Dor | Nombre | Categoria | S | PC | Club | Tiempo | Ritmo |
|---|---|---|---|---|---|---|---|---|
| 1 | 540 | MORENO GONZáLEZ, JOSé | Master 40 | H | 2 | | 00:21:10 | 03:31 |
| 2 | 445 | CARRILLO MOLINA, ADOLFO | Master 50 | H | 1 | CLUB ALCARAZ | 00:22:47 | 03:47 |
| 3 | 269 | RODRÍGUEZ AMPUERO, SERGIO | Master 35 | H | 4 | | 00:23:14 | 03:52 |