

## PODIOS POR CATEGORÍA

| Pos                     | Dor | Nombre                           | Categoría | S | PC | Club                        | Tiempo   | Ritmo |
|-------------------------|-----|----------------------------------|-----------|---|----|-----------------------------|----------|-------|
| <b>S23F - FEMENINO</b>  |     |                                  |           |   |    |                             |          |       |
| 61                      | 171 | NAVARRO GIMENEZ, NIEVES          | S23F      | M | 1  |                             | 01:27:27 | 07:07 |
| <b>S23M - MASCULINO</b> |     |                                  |           |   |    |                             |          |       |
| 4                       | 22  | PAREDES LOPEZ, PEDRO MANUEL      | S23M      | H | 1  | UCAM CARTAGENA              | 01:07:45 | 05:31 |
| 5                       | 8   | FERNANDEZ MOROTE, MARIO          | S23M      | H | 2  | A.D.A. ABARAN               | 01:08:41 | 05:36 |
| 11                      | 33  | SEVILLA HUERTAS, PEDRO           | S23M      | H | 3  | C.D. MANZANICOS             | 01:12:17 | 05:53 |
| <b>M35F - FEMENINO</b>  |     |                                  |           |   |    |                             |          |       |
| 182                     | 29  | ROS BAUTISTA, SANDRA             | M35F      | M | 1  | COMEMILLAS                  | 01:56:50 | 09:31 |
| 211                     | 253 | TOMAS ORTIZ, CELIA               | M35F      | M | 2  | CELIA                       | 02:09:58 | 10:36 |
| 214                     | 187 | PALAO, MARIANA                   | M35F      | M | 3  | RED DEPORTIVA YECLA         | 02:11:13 | 10:42 |
| <b>M35M - MASCULINO</b> |     |                                  |           |   |    |                             |          |       |
| 18                      | 63  | CASTILLO ALBERT, LUIS MIGUEL     | M35M      | H | 1  | MASCOTICAS TRAIL            | 01:14:37 | 06:05 |
| 22                      | 132 | LORENZO AZORIN, DAVID            | M35M      | H | 2  | C.T. ARABI YECLA            | 01:16:11 | 06:12 |
| 25                      | 218 | RICO SANCHEZ, ARTURO             | M35M      | H | 3  | TRAILXERETA TEAM IBI        | 01:16:50 | 06:16 |
| <b>M40F - FEMENINO</b>  |     |                                  |           |   |    |                             |          |       |
| 68                      | 133 | LORENZO PUCHE, VANESSA           | M40F      | M | 1  | RED DEPORTIVA YECLA         | 01:29:11 | 07:16 |
| 87                      | 16  | MARTINEZ LOPEZ, MARI             | M40F      | M | 2  | C.A. PARQUEPACK TEAM        | 01:34:41 | 07:43 |
| 107                     | 196 | PENALVA LUCAS, MARIA DEL MILAGRO | M40F      | M | 3  | - NINGUNO / INDEPENDIENTE - | 01:37:39 | 07:57 |
| <b>M40M - MASCULINO</b> |     |                                  |           |   |    |                             |          |       |
| 3                       | 27  | ROMAN SERRANO, FRANCISCO JAVIER  | M40M      | H | 1  | C.A. FONDISTAS YECLA        | 01:06:40 | 05:26 |
| 9                       | 152 | MARTINEZ TORMOS, ANTONIO         | M40M      | H | 2  |                             | 01:11:02 | 05:47 |
| 14                      | 68  | CONESA GARCIA, ANTONIO           | M40M      | H | 3  |                             | 01:13:00 | 05:57 |
| <b>M45F - FEMENINO</b>  |     |                                  |           |   |    |                             |          |       |
| 75                      | 17  | MATEO LOPEZ, MARIA FRANCISCA     | M45F      | M | 1  | HINNENI TRAIL RUNNING       | 01:31:34 | 07:28 |
| 122                     | 224 | ROS PUCHE, INMA                  | M45F      | M | 2  | CLUB TRAIL CAUDETE          | 01:40:59 | 08:14 |
| 130                     | 81  | FERRIZ SANCHEZ, BEATRIZ          | M45F      | M | 3  | RED DEPORTIVA YECLA         | 01:43:41 | 08:27 |
| <b>M45M - MASCULINO</b> |     |                                  |           |   |    |                             |          |       |
| 24                      | 234 | SANCHEZ CARTAGENA, CAYETANO      | M45M      | H | 1  | INDEPENDIENTE               | 01:16:31 | 06:14 |
| 28                      | 47  | BAS LOPEZ, ABEL                  | M45M      | H | 2  | C.D. RAFAL RUNNING          | 01:17:53 | 06:21 |
| 57                      | 118 | JURADO MIQUEL, JOSE IGNACIO      | M45M      | H | 3  | VEXES-LO                    | 01:26:38 | 07:03 |
| <b>M50F - FEMENINO</b>  |     |                                  |           |   |    |                             |          |       |
| 149                     | 201 | PEREZ LOPEZ, VICTORIA            | M50F      | M | 1  |                             | 01:48:28 | 08:50 |
| 155                     | 106 | GRAS GIL, RAQUEL                 | M50F      | M | 2  | SAN JUEVES                  | 01:50:09 | 08:59 |
| 163                     | 230 | RUIZ MACIA, JULIA                | M50F      | M | 3  | SAN JUEVES                  | 01:53:49 | 09:17 |
| <b>M50M - MASCULINO</b> |     |                                  |           |   |    |                             |          |       |
| 16                      | 21  | PAREDES CARRASCO, MANUEL         | M50M      | H | 1  | C.D. RUNTRITON CARTAGENA    | 01:14:05 | 06:02 |
| 17                      | 73  | DELEGIDO CORCOLES, DEOCLECIO     | M50M      | H | 2  |                             | 01:14:30 | 06:04 |
| 27                      | 154 | MEDINA ORTEGA, JUAN              | M50M      | H | 3  | RED DEPORTIVA YECLA         | 01:17:50 | 06:20 |

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|-------------------------|-----|--------------------------------|-----------|---|----|-------------------------|----------|-------|
| <b>M55F - FEMENINO</b>  |     |                                |           |   |    |                         |          |       |
| 166                     | 111 | IBANEZ SERRANO, ROSA           | M55F      | M | 1  | G.S. VENTA LA RATA      | 01:54:56 | 09:22 |
| 226                     | 26  | ROMAN ALARCON, MARIA           | M55F      | M | 2  | MUDOS TRAIL             | 02:24:42 | 11:48 |
| <b>M55M - MASCULINO</b> |     |                                |           |   |    |                         |          |       |
| 19                      | 221 | ROCHE, CHRISTOPHE              | M55M      | H | 1  | WAPAVENTURA             | 01:15:03 | 06:07 |
| 59                      | 260 | ZAPATA MORENO, JESUS           | M55M      | H | 2  | 100% TRAIL MURCIA       | 01:27:06 | 07:06 |
| 65                      | 94  | GARCIA MELERO, BLAS            | M55M      | H | 3  | RED DEPORTIVA YECLA     | 01:28:32 | 07:13 |
| <b>M60M - MASCULINO</b> |     |                                |           |   |    |                         |          |       |
| 117                     | 101 | GOMEZ HERNANDEZ, RICARDO       | M60M      | H | 1  | LA GRAFICA MURCIA TRAIL | 01:39:45 | 08:08 |
| <b>M65F - FEMENINO</b>  |     |                                |           |   |    |                         |          |       |
| 219                     | 23  | RICHARD, MARIE                 | M65F      | M | 1  | CARTAGENA RUNNING       | 02:20:49 | 11:29 |
| <b>M65M - MASCULINO</b> |     |                                |           |   |    |                         |          |       |
| 169                     | 142 | MARTINEZ BALSALOBRE, FRANCISCO | M65M      | H | 1  |                         | 01:55:05 | 09:23 |
| 207                     | 167 | NAVALON HERNANDEZ, JUAN        | M65M      | H | 2  | CDME TRAIL VILLENA      | 02:08:53 | 10:30 |
| <b>SNF - FEMENINO</b>   |     |                                |           |   |    |                         |          |       |
| 42                      | 19  | ORTEGA CANO, FATIMA            | SNF       | M | 1  | A.D.A. ABARAN           | 01:22:07 | 06:41 |
| 101                     | 163 | MONTABES FENOLLOSA, SOFIA      | SNF       | M | 2  | LA NAVE TRAIL TEAM      | 01:36:42 | 07:53 |
| 110                     | 44  | AZORIN SORIANO, IRENE          | SNF       | M | 3  | C.T. ARABI YECLA        | 01:38:44 | 08:03 |
| <b>SNM - MASCULINO</b>  |     |                                |           |   |    |                         |          |       |
| 1                       | 25  | RODRIGUEZ ABELLAN, SAMUEL      | SNM       | H | 1  | A.D.A. ABARAN           | 01:03:39 | 05:11 |
| 2                       | 93  | GARCIA MARTINEZ, IVAN          | SNM       | H | 2  |                         | 01:05:15 | 05:19 |
| 6                       | 10  | GARCIA MARTINEZ, ABEL          | SNM       | H | 3  | C.A. FONDISTAS YECLA    | 01:09:00 | 05:37 |

## GENERAL FEMENINO

| Pos | Dor | Nombre                  | Categoría | S | PC | Club                | Tiempo   | Ritmo |
|-----|-----|-------------------------|-----------|---|----|---------------------|----------|-------|
| 42  | 19  | ORTEGA CANO, FATIMA     | SNF       | M | 1  | A.D.A. ABARAN       | 01:22:07 | 06:41 |
| 61  | 171 | NAVARRO GIMENEZ, NIEVES | S23F      | M | 1  |                     | 01:27:27 | 07:07 |
| 68  | 133 | LORENZO PUCHE, VANESSA  | M40F      | M | 1  | RED DEPORTIVA YECLA | 01:29:11 | 07:16 |

## GENERAL MASCULINO

| Pos | Dor | Nombre                          | Categoría | S | PC | Club                 | Tiempo   | Ritmo |
|-----|-----|---------------------------------|-----------|---|----|----------------------|----------|-------|
| 1   | 25  | RODRIGUEZ ABELLAN, SAMUEL       | SNM       | H | 1  | A.D.A. ABARAN        | 01:03:39 | 05:11 |
| 2   | 93  | GARCIA MARTINEZ, IVAN           | SNM       | H | 2  |                      | 01:05:15 | 05:19 |
| 3   | 27  | ROMAN SERRANO, FRANCISCO JAVIER | M40M      | H | 1  | C.A. FONDISTAS YECLA | 01:06:40 | 05:26 |

## LOCALES FEMENINO

| Pos | Dor | Nombre                 | Categoría | S | PC | Club                 | Tiempo   | Ritmo |
|-----|-----|------------------------|-----------|---|----|----------------------|----------|-------|
| 1   | 133 | LORENZO PUCHE, VANESSA | M40F      | M | 1  | RED DEPORTIVA YECLA  | 01:29:11 | 07:16 |
| 2   | 16  | MARTINEZ LOPEZ, MARI   | M40F      | M | 2  | C.A. PARQUEPACK TEAM | 01:34:41 | 07:43 |
| 3   | 44  | AZORIN SORIANO, IRENE  | SNF       | M | 3  | C.T. ARABI YECLA     | 01:38:44 | 08:03 |

## LOCALES MASCULINO

| Pos | Dor | Nombre                          | Categoría | S | PC | Club                 | Tiempo   | Ritmo |
|-----|-----|---------------------------------|-----------|---|----|----------------------|----------|-------|
| 1   | 93  | GARCIA MARTINEZ, IVAN           | SNM       | H | 2  |                      | 01:05:15 | 05:19 |
| 2   | 27  | ROMAN SERRANO, FRANCISCO JAVIER | M40M      | H | 1  | C.A. FONDISTAS YECLA | 01:06:40 | 05:26 |
| 3   | 10  | GARCIA MARTINEZ, ABEL           | SNM       | H | 3  | C.A. FONDISTAS YECLA | 01:09:00 | 05:37 |

## FFSS FEMENINO

| Pos | Dor | Nombre | Categoría | S | PC | Club | Tiempo | Ritmo |
|-----|-----|--------|-----------|---|----|------|--------|-------|
|-----|-----|--------|-----------|---|----|------|--------|-------|

## FFSS MASCULINO

| Pos | Dor | Nombre                    | Categoría | S | PC | Club                 | Tiempo   | Ritmo |
|-----|-----|---------------------------|-----------|---|----|----------------------|----------|-------|
| 1   | 438 | CANOVAS PERELLON, ANTONIO | M40M      | H | 33 | SHELDON RUNNING CLUB | 01:57:32 | 09:35 |