

### PODIOS POR CATEGORÍA

| Pos                          | Dor | Nombre                          | Categoría | S | PC | Club                              | Tiempo   | Ritmo |
|------------------------------|-----|---------------------------------|-----------|---|----|-----------------------------------|----------|-------|
| <b>MASTER 35 - MASCULINO</b> |     |                                 |           |   |    |                                   |          |       |
| 3                            | 62  | GUERRERO SARABIA, TOMAS         | MASTER 35 | H | 1  | CLUB ATLETISMO LAS TORRES         | 01:12:22 | 05:10 |
| 7                            | 63  | GUIRADO SEVILLA, JOSE DAVID     | MASTER 35 | H | 2  | CLUB DEPORTIVO ATLETISMO ALKANTAR | 01:16:29 | 05:27 |
| 14                           | 10  | ANORTE ESCLAPEZ, TOMAS          | MASTER 35 | H | 3  | CLUB DEPORTIVO LA VARA TRAIL      | 01:18:04 | 05:34 |
| <b>MASTER 35 - FEMENINO</b>  |     |                                 |           |   |    |                                   |          |       |
| 104                          | 93  | MARIN GARCIA, LORENA            | MASTER 35 | M | 1  | PAN MORENO COSTERA SUR            | 01:48:14 | 07:43 |
| 121                          | 128 | PEDREGAL, JESSICA               | MASTER 35 | M | 2  | CLUB ATLETISMO LAS TORRES         | 01:54:39 | 08:11 |
| 152                          | 126 | PARDO LACARCEL, SILVIA          | MASTER 35 | M | 3  | INDEPENDIENTE                     | 02:17:31 | 09:49 |
| <b>MASTER 40 - MASCULINO</b> |     |                                 |           |   |    |                                   |          |       |
| 1                            | 7   | ALMAIDA IZQUIERDO, JUAN JOSE    | MASTER 40 | H | 1  | CLUB ATLETISMO LAS TORRES         | 01:11:53 | 05:08 |
| 4                            | 48  | GARCIA GARCIA, ANTONIO DAVID    | MASTER 40 | H | 2  | AMIGUICOS TRAIL LORCA             | 01:12:43 | 05:11 |
| 8                            | 140 | ROCA VICENTE, JAVIER            | MASTER 40 | H | 3  | CLUB SPOR-TI                      | 01:16:36 | 05:28 |
| <b>MASTER 40 - FEMENINO</b>  |     |                                 |           |   |    |                                   |          |       |
| 34                           | 43  | FERRER MUNOZ, PALOMA            | MASTER 40 | M | 1  | DEMECASAS PASICO A PASICO ORIHUE  | 01:27:01 | 06:12 |
| 69                           | 5   | ALCARAZ LECHUGA, MARIA EUGENIA  | MASTER 40 | M | 2  | GRUPO ALCARAZ                     | 01:38:07 | 07:00 |
| 77                           | 145 | ROS NOGUERA, SONIA              | MASTER 40 | M | 3  | SIMPLEMENTE RUNNERS               | 01:38:52 | 07:03 |
| <b>MASTER 45 - MASCULINO</b> |     |                                 |           |   |    |                                   |          |       |
| 5                            | 80  | LOPEZ ALCAZAR, ANTONIO          | MASTER 45 | H | 1  | CLUB ATLETISMO PUERTAS LORCA      | 01:15:15 | 05:22 |
| 9                            | 25  | CASCALES ALACID, ANTONIO        | MASTER 45 | H | 2  |                                   | 01:16:41 | 05:28 |
| 11                           | 53  | GIMENE ANDREU, ANGEL            | MASTER 45 | H | 3  | CARTAGENA TRAIL                   | 01:16:57 | 05:29 |
| <b>MASTER 45 - FEMENINO</b>  |     |                                 |           |   |    |                                   |          |       |
| 130                          | 9   | AMOR GOMEZ, AMAYA               | MASTER 45 | M | 1  | SIMPLEMENTE RUNNERS               | 02:01:03 | 08:38 |
| 142                          | 99  | MARTINEZ JARA, LAURA LEONOR     | MASTER 45 | M | 2  |                                   | 02:08:51 | 09:12 |
| <b>MASTER 50 - MASCULINO</b> |     |                                 |           |   |    |                                   |          |       |
| 2                            | 100 | MARTINEZ MARTINEZ, JOSE         | MASTER 50 | H | 1  | C.A. NOGALTE                      | 01:12:11 | 05:09 |
| 16                           | 60  | GONZALEZ AVILA, RAFAEL          | MASTER 50 | H | 2  |                                   | 01:19:04 | 05:38 |
| 21                           | 41  | FERNANDEZ VICENTE, JOSE MARIA   | MASTER 50 | H | 3  | CLUB ATLETISMO LAS TORRES         | 01:21:28 | 05:49 |
| <b>MASTER 50 - FEMENINO</b>  |     |                                 |           |   |    |                                   |          |       |
| 136                          | 73  | JAVALOYES VICTORIA, CRISTINA    | MASTER 50 | M | 1  | SIMPLEMENTE RUNNERS               | 02:06:42 | 09:03 |
| 162                          | 23  | CARCELES GARCIA, MERCE          | MASTER 50 | M | 2  | SIMPLEMENTE RUNNERS               | 03:00:07 | 12:51 |
| <b>MASTER 55 - MASCULINO</b> |     |                                 |           |   |    |                                   |          |       |
| 23                           | 85  | LOPEZ NAVARRO, JOSE ANTONIO     | MASTER 55 | H | 1  |                                   | 01:22:58 | 05:55 |
| 40                           | 136 | PRATS PASTOR, FERNANDO          | MASTER 55 | H | 2  | CLUB NOVELDER DE MONTAYISME       | 01:29:10 | 06:22 |
| 49                           | 139 | QUILES CANTERO, JOSE            | MASTER 55 | H | 3  | CLUB CUATRO SANTOS CARTAGENA      | 01:32:28 | 06:36 |
| <b>MASTER 55 - FEMENINO</b>  |     |                                 |           |   |    |                                   |          |       |
| 134                          | 65  | GUTIERREZ NAVARRO, MARIA TERESA | MASTER 55 | M | 1  | DEMECASAS PASICO A PASICO ORIHUE  | 02:03:59 | 08:51 |
| 147                          | 87  | LORENTE YEPES, ANA ROSA         | MASTER 55 | M | 2  | CARTAGENA TRAIL                   | 02:10:11 | 09:17 |

### PODIOS POR CATEGORÍA

| Pos                          | Dor | Nombre                             | Categoría | S | PC | Club                             | Tiempo   | Ritmo |
|------------------------------|-----|------------------------------------|-----------|---|----|----------------------------------|----------|-------|
| <b>MASTER 60 - MASCULINO</b> |     |                                    |           |   |    |                                  |          |       |
| 72                           | 54  | GOMEZ HERNANDEZ, RICARDO           | MASTER 60 | H | 1  | LA GRAFICA MURCIA TRAIL          | 01:38:21 | 07:01 |
| 123                          | 157 | SANDOVAL, M. EUGENIO               | MASTER 60 | H | 2  | C.A. NOGALTE                     | 01:56:52 | 08:20 |
| <b>MASTER 60 - FEMENINO</b>  |     |                                    |           |   |    |                                  |          |       |
| 154                          | 95  | MARTI ROCAMORA, LOLI               | MASTER 60 | M | 1  | DEMECASAS PASICO A PASICO ORIHUE | 02:18:11 | 09:52 |
| <b>MASTER 65 - MASCULINO</b> |     |                                    |           |   |    |                                  |          |       |
| 63                           | 142 | RODRIGUEZ LAGO, ALBERTO            | MASTER 65 | H | 1  | VISTA ALEGRE TRAIL               | 01:36:08 | 06:52 |
| 92                           | 163 | TORREGROSA CASTRO, ANTONIO MIGUEL  | MASTER 65 | H | 2  | CORREDORES AFRICANUS             | 01:42:58 | 07:21 |
| 106                          | 105 | MARTINEZ ZAPATA, JOAQUIN           | MASTER 65 | H | 3  | LA GRAFICA MURCIA TRAIL          | 01:49:12 | 07:48 |
| <b>D/F - MASCULINO</b>       |     |                                    |           |   |    |                                  |          |       |
| 163                          | 172 | ,                                  | D/F       |   | 1  |                                  | 03:00:10 | 12:52 |
| 164                          | 171 | ,                                  | D/F       |   | 2  |                                  | 03:00:11 | 12:52 |
| <b>SENIOR - MASCULINO</b>    |     |                                    |           |   |    |                                  |          |       |
| 6                            | 165 | VALENZUELA BERMUDEZ, DAVID         | SENIOR    | H | 1  | A.D.A. ABARAN                    | 01:15:34 | 05:23 |
| 12                           | 2   | ABELLAN SANCHEZ, ALFONSO BLAS      | SENIOR    | H | 2  | CLUB DEPORTIVO QUIPAR            | 01:17:07 | 05:30 |
| 17                           | 169 | ZAPATEIRO ZAPATA, CRISTIAN ENRIQUE | SENIOR    | H | 3  | ASOCIACION DEPORTIVA MURCIA      | 01:20:50 | 05:46 |
| <b>SENIOR - FEMENINO</b>     |     |                                    |           |   |    |                                  |          |       |
| 36                           | 74  | JIMENEZ ELIPE, LAURA               | SENIOR    | M | 1  | CLUB ATLETISMO MURCIA            | 01:27:07 | 06:13 |
| 132                          | 130 | PEREZ LOPEZ, MARTA                 | SENIOR    | M | 2  | CLUB DEPORTIVO MUDOS TRAIL       | 02:02:24 | 08:44 |

### GENERAL FEMENINO

| Pos | Dor | Nombre                         | Categoría | S | PC | Club                             | Tiempo   | Ritmo |
|-----|-----|--------------------------------|-----------|---|----|----------------------------------|----------|-------|
| 34  | 43  | FERRER MUNOZ, PALOMA           | MASTER 40 | M | 1  | DEMECASAS PASICO A PASICO ORIHUE | 01:27:01 | 06:12 |
| 36  | 74  | JIMENEZ ELIPE, LAURA           | SENIOR    | M | 1  | CLUB ATLETISMO MURCIA            | 01:27:07 | 06:13 |
| 69  | 5   | ALCARAZ LECHUGA, MARIA EUGENIA | MASTER 40 | M | 2  | GRUPO ALCARAZ                    | 01:38:07 | 07:00 |

### GENERAL MASCULINO

| Pos | Dor | Nombre                       | Categoría | S | PC | Club                      | Tiempo   | Ritmo |
|-----|-----|------------------------------|-----------|---|----|---------------------------|----------|-------|
| 1   | 7   | ALMAIDA IZQUIERDO, JUAN JOSE | MASTER 40 | H | 1  | CLUB ATLETISMO LAS TORRES | 01:11:53 | 05:08 |
| 2   | 100 | MARTINEZ MARTINEZ, JOSE      | MASTER 50 | H | 1  | C.A. NOGALTE              | 01:12:11 | 05:09 |
| 3   | 62  | GUERRERO SARABIA, TOMAS      | MASTER 35 | H | 1  | CLUB ATLETISMO LAS TORRES | 01:12:22 | 05:10 |

### LOCALES FEMENINO

| Pos | Dor | Nombre            | Categoría | S | PC | Club                      | Tiempo   | Ritmo |
|-----|-----|-------------------|-----------|---|----|---------------------------|----------|-------|
| 1   | 128 | PEDREGAL, JESSICA | MASTER 35 | M | 2  | CLUB ATLETISMO LAS TORRES | 01:54:39 | 08:11 |

## LOCALES MASCULINO

| Pos | Dor | Nombre                        | Categoría | S | PC | Club                      | Tiempo   | Ritmo |
|-----|-----|-------------------------------|-----------|---|----|---------------------------|----------|-------|
| 1   | 62  | GUERRERO SARABIA, TOMAS       | MASTER 35 | H | 1  | CLUB ATLETISMO LAS TORRES | 01:12:22 | 05:10 |
| 2   | 41  | FERNANDEZ VICENTE, JOSE MARIA | MASTER 50 | H | 3  | CLUB ATLETISMO LAS TORRES | 01:21:28 | 05:49 |
| 3   | 42  | FERNANDEZ VICENTE, PEDRO      | MASTER 45 | H | 8  | CLUB ATLETISMO LAS TORRES | 01:25:55 | 06:08 |

## FFSS FEMENINO

| Pos | Dor | Nombre | Categoría | S | PC | Club | Tiempo | Ritmo |
|-----|-----|--------|-----------|---|----|------|--------|-------|
|-----|-----|--------|-----------|---|----|------|--------|-------|

## FFSS MASCULINO

| Pos | Dor | Nombre                        | Categoría | S | PC | Club                 | Tiempo   | Ritmo |
|-----|-----|-------------------------------|-----------|---|----|----------------------|----------|-------|
| 1   | 30  | CUESTA MARTINEZ, MIGUEL ANGEL | MASTER 40 | H | 26 | 100% TRAIL MURCIA    | 02:14:03 | 09:34 |
| 3   | 61  | GONZALEZ VELASCO, CAYETANO    | MASTER 45 | H | 34 | 30740 CLUB DEPORTIVO | 01:53:55 | 08:08 |