# V Cross Popular Cañada Hermosa

Carrera Absoluta 7k (7000 m) - 19-08-2022

## PODIOS POR CATEGORÍA

| Pos | Dor | Nombre | Categoria | S | PC | Club | Tiempo | Ritmo |
|---|---|---|---|---|---|---|---|---|
| **Sub23 - MASCULINO** | | | | | | | | |
| 1 | 185 | MONTOYA NOGUEROL, JESÚS | Sub23 | H | 1 | | 00:22:47 | 03:30 |
| 58 | 39 | ESPINOSA PARRA, JOSE JAVIER | Sub23 | H | 2 | CASICORREDORES | 00:29:10 | 04:29 |
| 156 | 1 | AJHUACHO URZAGASTI, JOSÉ ENRIQUE | Sub23 | H | 3 | | 00:37:52 | 05:49 |
| **Master 35 - MASCULINO** | | | | | | | | |
| 8 | 108 | PARDO BASTIDA, SERGIO | Master 35 | H | 1 | CT ARCHENA | 00:24:22 | 03:44 |
| 12 | 9 | AVILÉS BALSALOBRE, FRANCISCO | Master 35 | H | 2 | RAJAOS RUNNERS | 00:25:08 | 03:52 |
| 13 | 188 | PEÑA ROS, EMILIO | Master 35 | H | 3 | MARATHON CARTAGENA | 00:25:13 | 03:52 |
| **Master 35 - FEMENINO** | | | | | | | | |
| 72 | 201 | HERNÁNDEZ JIMÉNEZ , CARMEN MARI | Master 35 | M | 1 | PAN MORENO | 00:30:45 | 04:43 |
| 94 | 159 | SOLER LAJARÍN , ANA MARÍA | Master 35 | M | 2 | | 00:32:33 | 05:00 |
| 104 | 109 | PEDREGAL PERIS, JESSICA | Master 35 | M | 3 | CA LAS TORRES | 00:33:41 | 05:10 |
| **Master 40 - MASCULINO** | | | | | | | | |
| 3 | 150 | SANCHEZ ROMERO, DAVID | Master 40 | H | 1 | FONDISTAS DE ALCANTARILLA | 00:23:42 | 03:38 |
| 7 | 41 | FERNÁNDEZ DEL AMOR, GINÉS | Master 40 | H | 2 | CLUB DEPORTIVO QUIPAR | 00:23:57 | 03:41 |
| 14 | 101 | NAVARRO MARTINEZ, BENJAMIN | Master 40 | H | 3 | RAJAOS RUNNERS | 00:25:20 | 03:53 |
| **Master 40 - FEMENINO** | | | | | | | | |
| 132 | 148 | SÁNCHEZ IBÁÑEZ, SILVIA | Master 40 | M | 1 | PAN MORENO | 00:35:39 | 05:29 |
| 145 | 62 | HERNANDEZ MARTINEZ, TOÑI | Master 40 | M | 2 | INDOMABLES RUNNERS | 00:36:50 | 05:40 |
| 160 | 7 | ANGEL RAJA, ISABEL | Master 40 | M | 3 | PAN MORENO | 00:38:18 | 05:53 |
| **Master 45 - MASCULINO** | | | | | | | | |
| 9 | 32 | CUADRADO NUÑEZ, GONZALO | Master 45 | H | 1 | | 00:24:23 | 03:45 |
| 10 | 151 | SERNA LÓPEZ, PEDRO | Master 45 | H | 2 | FONDISTAS DE ALCANTARILLA | 00:24:34 | 03:46 |
| 18 | 107 | PALLARÉS MOLINER, JOSÉ ÁNGEL | Master 45 | H | 3 | RAJAOS RUNNERS | 00:25:47 | 03:58 |
| **Master 45 - FEMENINO** | | | | | | | | |
| 53 | 42 | FERNANDEZ DIAZ, ANA ISABEL | Master 45 | M | 1 | RAJAOS RUNNERS | 00:28:51 | 04:26 |
| 86 | 203 | LACARCEL LACARCEL HURTADO, ROSA | Master 45 | M | 2 | RAJAOS RUNNERS | 00:31:42 | 04:52 |
| 126 | 5 | ANDRADA BARRETO, CANDELARIA | Master 45 | M | 3 | PAN MORENO | 00:34:57 | 05:22 |
| **Master 50 - MASCULINO** | | | | | | | | |
| 27 | 36 | EL PLATA , ANTONIO | Master 50 | H | 1 | TRIATLON GUERRITA ALCANTARILLA | 00:26:45 | 04:06 |
| 48 | 131 | RODRIGUEZ GONZALEZ, MANUEL | Master 50 | H | 2 | BCTEAM | 00:28:16 | 04:20 |
| 54 | 186 | MUÑOZ MEGIAS, JOSE ANTONIO | Master 50 | H | 3 | CORREBIRRAS | 00:28:59 | 04:27 |
| **Master 50 - FEMENINO** | | | | | | | | |
| 100 | 55 | GÓMEZ EGEA, MONTSE | Master 50 | M | 1 | CORREBIRRAS | 00:33:00 | 05:04 |
| 111 | 16 | BERMEJO GONZALEZ, ENCARNA MARI | Master 50 | M | 2 | 4 SANTOS CARTAGENA | 00:34:03 | 05:14 |
| 114 | 111 | PÉREZ ANDREU, ISABEL | Master 50 | M | 3 | SOTERRAVIAS | 00:34:19 | 05:16 |
| **Master 55 - MASCULINO** | | | | | | | | |
| 25 | 176 | GALLEGOS GUAYAQUIL , WILLY | Master 55 | H | 1 | RAJAOS RUNNERS | 00:26:42 | 04:06 |
| 28 | 47 | GARCIA BALLESTER , FRANCISCO | Master 55 | H | 2 | RAJAOS RUNNERS | 00:26:48 | 04:07 |
| 31 | 126 | RAGA ARQUIMBAU, JOSELUIS | Master 55 | H | 3 | CATARROJA UNIO ESPORTIVA | 00:26:55 | 04:08 |

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## PODIOS POR CATEGORÍA

| Pos | Dor | Nombre | Categoria | S | PC | Club | Tiempo | Ritmo |
|---|---|---|---|---|---|---|---|---|
| **Master 55 - FEMENINO** | | | | | | | | |
| 175 | 66 | LACARCEL HURTADO, TOÑI | Master 55 | M | 1 | RAJAOS RUNNERS | 00:40:35 | 06:14 |
| 184 | 156 | SIRVENT ALONSO, MARÍA ELENA | Master 55 | M | 2 | | 00:42:26 | 06:31 |
| 203 | 122 | QUEVEDO DIOSES, MARIELLA | Master 55 | M | 3 | | 00:47:14 | 07:16 |
| **Master 60 - MASCULINO** | | | | | | | | |
| 34 | 37 | ESCOLAR SAURA, EDUARDO | Master 60 | H | 1 | C.D. RUNTRITON CARTAGENA | 00:27:22 | 04:12 |
| 47 | 204 | MARTINEZ BALLESTER, ANTONIO | Master 60 | H | 2 | INDEPENDIENTE | 00:28:07 | 04:19 |
| 64 | 194 | SORO ALACID, ANGEL | Master 60 | H | 3 | C.A.PINOSO | 00:29:53 | 04:35 |
| **Master 60 - FEMENINO** | | | | | | | | |
| 174 | 155 | SIRVENT ALONSO , EULALIA | Master 60 | M | 1 | | 00:40:22 | 06:12 |
| **Master 65 - MASCULINO** | | | | | | | | |
| 66 | 21 | CAMPELLO FUENTES, GASPAR | Master 65 | H | 1 | ATLETISMO SANTA POLA | 00:30:01 | 04:37 |
| 68 | 132 | RODRÍGUEZ LAGO, ALBERTO | Master 65 | H | 2 | VISTA ALEGRE TRAIL | 00:30:18 | 04:39 |
| 119 | 120 | PUJANTE FRANCO, JUAN | Master 65 | H | 3 | RAJAOS RUNNERS | 00:34:30 | 05:18 |
| **Master 65 - FEMENINO** | | | | | | | | |
| 185 | 137 | RUIPEREZ BALSALOBRE, ANTONIA | Master 65 | M | 1 | C.A.C. JACINTO BENAVENTE | 00:43:21 | 06:40 |
| **D/F - MASCULINO** | | | | | | | | |
| 208 | 214 | FERNANDEZ ORENES, JOSE | D/F | | 1 | | 01:03:13 | 09:43 |
| **Senior - MASCULINO** | | | | | | | | |
| 2 | 219 | HERNANDEZ ILLAN, IVAN | Senior | H | 1 | DAVID AMOROS | 00:23:09 | 03:33 |
| 4 | 164 | VILLEGAS JAEN, JAVIER | Senior | H | 2 | PAN MORENO | 00:23:42 | 03:38 |
| 5 | 92 | VIDAL GUIRAO, MOISES | Senior | H | 3 | RAJAOS RUNNERS | 00:23:46 | 03:39 |
| **Senior - FEMENINO** | | | | | | | | |
| 82 | 134 | ROLDAN MORENO, AGUEDA | Senior | M | 1 | CLUB ATLETISMO HELLIN | 00:31:24 | 04:49 |
| 138 | 113 | PÉREZ ESQUIVA, JESICA | Senior | M | 2 | AD LLANO DE BRUJAS | 00:36:13 | 05:34 |
| 167 | 154 | SIGUERO SANZ, ANDREA | Senior | M | 3 | TRIATLON GUERRITA ALCANTARILLA | 00:39:26 | 06:04 |

## GENERAL FEMENINO

| Pos | Dor | Nombre | Categoria | S | PC | Club | Tiempo | Ritmo |
|---|---|---|---|---|---|---|---|---|
| 53 | 42 | FERNANDEZ DIAZ, ANA ISABEL | Master 45 | M | 1 | RAJAOS RUNNERS | 00:28:51 | 04:26 |
| 72 | 201 | HERNÁNDEZ JIMÉNEZ , CARMEN MARI | Master 35 | M | 1 | PAN MORENO | 00:30:45 | 04:43 |
| 82 | 134 | ROLDAN MORENO, AGUEDA | Senior | M | 1 | CLUB ATLETISMO HELLIN | 00:31:24 | 04:49 |

## GENERAL MASCULINO

| Pos | Dor | Nombre | Categoria | S | PC | Club | Tiempo | Ritmo |
|---|---|---|---|---|---|---|---|---|
| 1 | 185 | MONTOYA NOGUEROL, JESÚS | Sub23 | H | 1 | | 00:22:47 | 03:30 |
| 2 | 219 | HERNANDEZ ILLAN, IVAN | Senior | H | 1 | DAVID AMOROS | 00:23:09 | 03:33 |
| 3 | 150 | SANCHEZ ROMERO, DAVID | Master 40 | H | 1 | FONDISTAS DE ALCANTARILLA | 00:23:42 | 03:38 |

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## LOCALES FEMENINO

| Pos | Dor | Nombre | Categoria | S | PC | Club | Tiempo | Ritmo |
|---|---|---|---|---|---|---|---|---|
| 1 | 45 | FRANCO MARTÍNEZ , GELEN | Master 40 | M | 4 | QUI?N YO ESO T?? | 00:38:21 | 05:54 |
| 2 | 59 | HARDING IBÁÑEZ , CÁNDIDA | Master 40 | M | 7 | | 00:43:49 | 06:44 |
| 3 | 46 | FRUTOS ORTUÑO, AMPARO | Master 35 | M | 7 | CLUB: EQUIPO VICTIMAS DEL TERRORI | 00:44:14 | 06:48 |

## LOCALES MASCULINO

| Pos | Dor | Nombre | Categoria | S | PC | Club | Tiempo | Ritmo |
|---|---|---|---|---|---|---|---|---|
| 1 | 64 | JOHN BENJAMIN HODGES, STEPHEN | Master 40 | H | 4 | | 00:25:32 | 03:55 |
| 2 | 65 | LABORDA MARTINEZ, JAIME | Master 35 | H | 15 | TRIATLON GUERRITA ALCANTARILLA | 00:31:36 | 04:51 |
| 3 | 27 | CASCALES BELCHÍ, JUAN DE DIOS | Senior | H | 19 | | 00:33:53 | 05:12 |

## REGIONAL FEMENINO

| Pos | Dor | Nombre | Categoria | S | PC | Club | Tiempo | Ritmo |
|---|---|---|---|---|---|---|---|---|
| 1 | 42 | FERNANDEZ DIAZ, ANA ISABEL | Master 45 | M | 1 | RAJAOS RUNNERS | 00:28:51 | 04:26 |
| 1 | 201 | HERNÁNDEZ JIMÉNEZ , CARMEN MARI/ | Master 35 | M | 1 | PAN MORENO | 00:30:45 | 04:43 |
| 1 | 134 | ROLDAN MORENO, AGUEDA | Senior | M | 1 | CLUB ATLETISMO HELLIN | 00:31:24 | 04:49 |

## REGIONAL MASCULINO

| Pos | Dor | Nombre | Categoria | S | PC | Club | Tiempo | Ritmo |
|---|---|---|---|---|---|---|---|---|
| 1 | 185 | MONTOYA NOGUEROL, JESÚS | Sub23 | H | 1 | | 00:22:47 | 03:30 |
| 1 | 150 | SANCHEZ ROMERO, DAVID | Master 40 | H | 1 | FONDISTAS DE ALCANTARILLA | 00:23:42 | 03:38 |
| 1 | 164 | VILLEGAS JAEN, JAVIER | Senior | H | 2 | PAN MORENO | 00:23:42 | 03:38 |

## FFSS FEMENINO

| Pos | Dor | Nombre | Categoria | S | PC | Club | Tiempo | Ritmo |
|---|---|---|---|---|---|---|---|---|
| 2 | 42 | FERNANDEZ DIAZ, ANA ISABEL | Master 45 | M | 1 | RAJAOS RUNNERS | 00:28:51 | 04:26 |
| 2 | 201 | HERNÁNDEZ JIMÉNEZ , CARMEN MARI/ | Master 35 | M | 1 | PAN MORENO | 00:30:45 | 04:43 |
| 2 | 134 | ROLDAN MORENO, AGUEDA | Senior | M | 1 | CLUB ATLETISMO HELLIN | 00:31:24 | 04:49 |

## FFSS MASCULINO

| Pos | Dor | Nombre | Categoria | S | PC | Club | Tiempo | Ritmo |
|---|---|---|---|---|---|---|---|---|
| 2 | 185 | MONTOYA NOGUEROL, JESÚS | Sub23 | H | 1 | | 00:22:47 | 03:30 |
| 2 | 150 | SANCHEZ ROMERO, DAVID | Master 40 | H | 1 | FONDISTAS DE ALCANTARILLA | 00:23:42 | 03:38 |
| 2 | 164 | VILLEGAS JAEN, JAVIER | Senior | H | 2 | PAN MORENO | 00:23:42 | 03:38 |

# V Cross Popular Cañada Hermosa

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## MINIMALISTA FEMENINO

| Pos | Dor | Nombre | Categoria | S | PC | Club | Tiempo | Ritmo |
|---|---|---|---|---|---|---|---|---|
| 6 | 42 | FERNANDEZ DIAZ, ANA ISABEL | Master 45 | M | 1 | RAJAOS RUNNERS | 00:28:51 | 04:26 |
| 6 | 201 | HERNÁNDEZ JIMÉNEZ , CARMEN MARI/ | Master 35 | M | 1 | PAN MORENO | 00:30:45 | 04:43 |
| 6 | 134 | ROLDAN MORENO, AGUEDA | Senior | M | 1 | CLUB ATLETISMO HELLIN | 00:31:24 | 04:49 |

## MINIMALISTA MASCULINO

| Pos | Dor | Nombre | Categoria | S | PC | Club | Tiempo | Ritmo |
|---|---|---|---|---|---|---|---|---|
| 6 | 185 | MONTOYA NOGUEROL, JESÚS | Sub23 | H | 1 | | 00:22:47 | 03:30 |
| 6 | 150 | SANCHEZ ROMERO, DAVID | Master 40 | H | 1 | FONDISTAS DE ALCANTARILLA | 00:23:42 | 03:38 |
| 6 | 164 | VILLEGAS JAEN, JAVIER | Senior | H | 2 | PAN MORENO | 00:23:42 | 03:38 |