

# VII Carrera Popular 5K y 10K de Lorqui

Recorrido 2 vueltas 10K (10000 m) - 12-12-2021

## Clasificación General

| Pos | Dor | Nombre | Categoría | S | PC | Club | Tiempo | Ritmo |
|-----|-----|--------|-----------|---|----|------|--------|-------|
|-----|-----|--------|-----------|---|----|------|--------|-------|

### 10K Jun/Pro

|    |     |                          |             |   |   |  |          |       |
|----|-----|--------------------------|-------------|---|---|--|----------|-------|
| 18 | 201 | RODRÍGUEZ GARRIDO, JORGE | 10K Jun/Pro | H | 1 |  | 00:40:04 | 04:00 |
| 49 | 155 | GIL GARCÍA, JOSE ANTONIO | 10K Jun/Pro | H | 2 |  | 00:46:06 | 04:36 |
| 58 | 218 | ZAYTSEV ZAYTSEV , ARTUR  | 10K Jun/Pro | H | 3 |  | 00:46:52 | 04:41 |

### 10K Senior

|    |     |                        |            |   |   |                            |          |       |
|----|-----|------------------------|------------|---|---|----------------------------|----------|-------|
| 1  | 225 | HERNANDEZ ILLAN, IVAN  | 10K Senior | H | 1 | CLUB ATLETISMO CREVILLENTE | 00:31:47 | 03:10 |
| 8  | 117 | ABELLAN TORRES, OLIVER | 10K Senior | H | 2 | INDEPENDIENTE              | 00:37:06 | 03:42 |
| 19 | 214 | VALERA DE GEA, AGUSTIN | 10K Senior | H | 3 | CLUB VARA TRAIL            | 00:40:25 | 04:02 |

### 10K Senior

|    |     |                              |            |   |   |                           |          |       |
|----|-----|------------------------------|------------|---|---|---------------------------|----------|-------|
| 59 | 118 | ABELLAN FERNÁNDEZ, SILVIA    | 10K Senior | M | 1 | CD LA VARA TRAIL CARAVACA | 00:47:05 | 04:42 |
| 72 | 222 | MARTINEZ LOPEZ , LOLA        | 10K Senior | M | 2 |                           | 00:48:55 | 04:53 |
| 85 | 181 | NOGUERA MOLINA, MARIA JOSEFA | 10K Senior | M | 3 | CT ERGOBIEKE-MANUBIKE     | 00:49:55 | 04:59 |

### 10K Vet A

|   |     |                               |           |   |   |                                 |          |       |
|---|-----|-------------------------------|-----------|---|---|---------------------------------|----------|-------|
| 2 | 132 | CASTELLON ORTIZ, ROBERTO      | 10K Vet A | H | 1 |                                 | 00:33:21 | 03:20 |
| 3 | 166 | MACARIO ALARCON, LORENZO      | 10K Vet A | H | 2 | CLUB TRIATLON AGUILAS           | 00:34:44 | 03:28 |
| 4 | 230 | PIÑERO GABARRON, JOSÉ ANTONIO | 10K Vet A | H | 3 | CLUB ATLETISMO REGIÓN DE MURCIA | 00:34:46 | 03:28 |

### 10K Vet A

|    |     |                        |           |   |   |                     |          |       |
|----|-----|------------------------|-----------|---|---|---------------------|----------|-------|
| 6  | 203 | RUBIO SANCHEZ , PILAR  | 10K Vet A | M | 1 | CLUB ATLETISMO ELDA | 00:35:27 | 03:32 |
| 44 | 243 | MARTIN RAMOS, CRUSTINA | 10K Vet A | M | 2 |                     | 00:44:43 | 04:28 |
| 63 | 149 | GARCÍA BLANCO, SILVIA  | 10K Vet A | M | 3 |                     | 00:47:42 | 04:46 |

### 10K Vet B

|    |     |                            |           |   |   |                 |          |       |
|----|-----|----------------------------|-----------|---|---|-----------------|----------|-------|
| 9  | 212 | SORIANO PEREZ, FRANCISCO   | 10K Vet B | H | 1 | FONDISTAS YECLA | 00:38:24 | 03:50 |
| 10 | 202 | RODRIGUEZ ESPIN, FRANCISCO | 10K Vet B | H | 2 | CLUB VARA TRAIL | 00:38:33 | 03:51 |
| 15 | 231 | MARTINEZ RUIZ, ALBERTO     | 10K Vet B | H | 3 | ARCHENA         | 00:39:36 | 03:57 |

### 10K Vet B

|    |     |                         |           |   |   |               |          |       |
|----|-----|-------------------------|-----------|---|---|---------------|----------|-------|
| 60 | 221 | LOPEZ LOPEZ, PILAR      | 10K Vet B | M | 1 |               | 00:47:20 | 04:44 |
| 67 | 188 | PANALÉS LÓPEZ, NURIA    | 10K Vet B | M | 2 | GRUPO ALCARAZ | 00:48:41 | 04:52 |
| 68 | 191 | PASTOR PIÑERO, CONSUELO | 10K Vet B | M | 3 | GRUPO ALCARAZ | 00:48:42 | 04:52 |

### 10K Vet C

|    |     |                             |           |   |   |               |          |       |
|----|-----|-----------------------------|-----------|---|---|---------------|----------|-------|
| 11 | 195 | PRIETO ALONSO, MIGUEL ANGEL | 10K Vet C | H | 1 | INDEPENDIENTE | 00:38:33 | 03:51 |
|----|-----|-----------------------------|-----------|---|---|---------------|----------|-------|

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## Clasificación General

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|-----|-----|----------------------------------|-----------|---|----|---------------|----------|-------|
| 14  | 123 | BUENDIA GARRIDO, JOAQUIN ANTONIO | 10K Vet C | H | 2  | INDEPENDIENTE | 00:39:34 | 03:57 |
| 21  | 209 | SERRANO DE LA ROSA, PEDRO        | 10K Vet C | H | 3  |               | 00:40:56 | 04:05 |

### 10K Vet C

|     |     |                                |           |   |   |               |          |       |
|-----|-----|--------------------------------|-----------|---|---|---------------|----------|-------|
| 101 | 206 | SÁNCHEZ CAÑIZARES, LUISA MARÍA | 10K Vet C | M | 1 | C.T SANTOMERA | 00:56:44 | 05:40 |
|-----|-----|--------------------------------|-----------|---|---|---------------|----------|-------|

### D/F

|    |     |   |     |  |   |  |          |       |
|----|-----|---|-----|--|---|--|----------|-------|
| 70 | 239 | , | D/F |  | 1 |  | 00:48:47 | 04:52 |
| 74 | 236 | , | D/F |  | 2 |  | 00:48:57 | 04:53 |
| 79 | 237 | , | D/F |  | 3 |  | 00:49:28 | 04:56 |

## GENERAL FEMENINO

|    |     |                           |            |   |   |                           |          |       |
|----|-----|---------------------------|------------|---|---|---------------------------|----------|-------|
| 6  | 203 | RUBIO SANCHEZ, PILAR      | 10K Vet A  | M | 1 | CLUB ATLETISMO ELDA       | 00:35:27 | 03:32 |
| 44 | 243 | MARTIN RAMOS, CRUSTINA    | 10K Vet A  | M | 2 |                           | 00:44:43 | 04:28 |
| 59 | 118 | ABELLAN FERNÁNDEZ, SILVIA | 10K Senior | M | 1 | CD LA VARA TRAIL CARAVACA | 00:47:05 | 04:42 |

## GENERAL MASCULINO

|   |     |                          |            |   |   |                            |          |       |
|---|-----|--------------------------|------------|---|---|----------------------------|----------|-------|
| 1 | 225 | HERNANDEZ ILLAN, IVAN    | 10K Senior | H | 1 | CLUB ATLETISMO CREVILLENTE | 00:31:47 | 03:10 |
| 2 | 132 | CASTELLON ORTIZ, ROBERTO | 10K Vet A  | H | 1 |                            | 00:33:21 | 03:20 |
| 3 | 166 | MACARIO ALARCON, LORENZO | 10K Vet A  | H | 2 | CLUB TRIATLON AGUILAS      | 00:34:44 | 03:28 |

## LOCALES FEMENINO

|     |     |                          |            |   |   |               |          |       |
|-----|-----|--------------------------|------------|---|---|---------------|----------|-------|
| 95  | 153 | GIL MARCO, MARÍA DOLORES | 10K Senior | M | 6 | GIL TEAM      | 00:53:54 | 05:23 |
| 102 | 142 | GARCIA SANCHEZ, SOFIA    | 10K Vet A  | M | 6 |               | 00:57:56 | 05:47 |
| 105 | 146 | GARCIA PEÑALVER, NURIA   | 10K Vet A  | M | 7 | GRUPO ALCARAZ | 01:00:07 | 06:00 |

## LOCALES MASCULINO

|    |     |                          |             |   |    |          |          |       |
|----|-----|--------------------------|-------------|---|----|----------|----------|-------|
| 18 | 201 | RODRÍGUEZ GARRIDO, JORGE | 10K Jun/Pro | H | 1  |          | 00:40:04 | 04:00 |
| 22 | 154 | GIL MARCO, GINES         | 10K Vet A   | H | 10 | GIL TEAM | 00:40:56 | 04:05 |
| 36 | 162 | HURTADO GARCIA, FRAN     | 10K Senior  | H | 6  |          | 00:43:16 | 04:19 |