X Carrera y Marcha Popular El Palmar

Carrera absoluta 5k (5150 m) - 19-01-2020

Clasificación General

Pos	Dor	Nombre	Categoria	S	PC	Club	Tiempo	Ritmo
		Jun/Pro						
11	232	SOTO GONZÁLEZ, CARLOS	Jun/Pro	H	1		00:18:51	03:39
29	191	PEREZ MIGUEL, ISMAEL	Jun/Pro	H	2	CA CIUDAD DE MULA	00:20:38	04:00
67	238	TORTOSA SÁNCHEZ, EDUARDO	Jun/Pro	H	3	WERTANIC@S RUNNING	00:22:07	04:17
		Jun/Pro						
66	264	LOPEZ ARJONA, LUCIA	Jun/Pro	M	1		00:22:05	04:17
177	206	RODRIGUEZ ELVIRA, IRENE	Jun/Pro	M	2		00:27:40	05:22
		Senior						
1	53	FERNÁNDEZ TORRES , SERGIO	Senior	H	1	TRAINANDFOOD	00:16:41	03:14
2	179	ORTUÑO MARTINEZ, SERGIO	Senior	H	2	TRAIN AND FOOD	00:17:43	03:26
4	195	PIZARRO GÓMEZ, ALBERTO	Senior	H	3	CLUB CHOTACABRAS	00:17:56	03:28
		Senior						
49	80	GONZALEZ GEA, PAULA	Senior	M	1		00:21:32	04:10
121	9	AMADOR CARRERO, SILVIA	Senior	M	2		00:24:41	04:47
130	93	HIDALGO GARCÍA, PAULA	Senior	M	3		00:25:04	04:52
		Vet A						
13	116	MACLEOD RYLAND, LEWIS	Vet A	H	1	AD PEKABO TRIATLON MURCIA AULA	00:18:53	03:40
16	71	GARCIA ALCARAZ, FRANCISCO CORNELIO	Vet A	H	2		00:19:40	03:49
17	153	MUÑOZ MENDOZA, FERNANDO	Vet A	H	3		00:19:47	03:50
		Vet A						
95	159	MURRAY MURRAY, IWONA	Vet A	M	1	COSTA CALIDA KAYAK CLUB	00:23:26	04:33
125	203	RODA JIMÉNEZ, MARI CRUZ	Vet A	M	2		00:24:56	04:50
137	61	FRUTOS ALEGRIA, BÁRBARA	Vet A	M	3		00:25:44	04:59
		Vet B						
3	180	PÁEZ SÁEZ , FRANCISCO	Vet B	H	1	CLUB: EQUIPO VÃ•CTIMAS DEL TERRORISI	00:17:48	03:27
5	244	VIDAL BALSAS, SERGIO	Vet B	H	2	BICIHUERTA	00:17:59	03:29
10	166	NAVARRO MARTINEZ, BENJAMIN	Vet B	H	3	CASICORREDORES	00:18:29	03:35
		Vet B						
34	45	DÍAZ ASENSIO, MARI	Vet B	M	1	C.A. PUERTAS LORCA	00:20:41	04:00
55	173	NOGUERA MORENO , MARÍA DOLORES	Vet B	M	2	CLUB TRIATLÃ³N GUERRITA	00:21:41	04:12

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81	187	PEREZ ANDREU, ISABEL	Vet B	M	3	SOTERRAVÍAS	00:22:41	04:24

Vet C

8	164	NAVARRO BONACHE, ANTONIO	Vet C	H	1	INDEPENDIENTE	00:18:13	03:32
14	47	DIAZ SAURA, ANTONIO	Vet C	H	2	C.D.RUNTRITON CARTAGENA	00:19:06	03:42
27	7	ALMAGRO CAMPILLO, JOAQUIN	Vet C	H	3	AD ATLETARRIXACA	00:20:25	03:57

Vet C

63	220	SANCHEZ BERNAL, M. ANGELES	Vet C	M	1	30740 CLUB DEPORTIVO	00:21:58	04:15
126	86	HELEN BROWN, HELEN	Vet C	M	2	HASTINGS RUNNERS	00:24:56	04:50
229	188	PEREZ GARCIA, MARGARITA	Vet C	M	3	A.M.S. SIGISMONDI	00:35:24	06:52

Vet D

28	168	NICHOLAS BROWN, NICK	Vet D	H	1	HASTINGS RUNNERS	00:20:35	03:59
46	96	IAN KEY, ANDY	Vet D	H	2	C.A. TORREVIEJA	00:21:22	04:08
62	30	CANOVAS RUIZ, JOSE LUIS	Vet D	H	3	SOTERRAVIAS	00:21:57	04:15

Vet D

210	212	ROMERO HERRERA , CONCEPCION	Vet D	M	1		00:30:37	05:56
220	266	CRISTINA MAUD, JAOHANNA	Vet D	M	2		00:32:26	06:17
232	114	LYNN KEY, JANIS	Vet D	M	3		00:39:18	07:37

GENERAL FEMENINO

34	45	DÍAZ ASENSIO, MARI	Vet B	M	1	C.A. PUERTAS LORCA	00:20:41	04:00
49	80	GONZALEZ GEA, PAULA	Senior	M	1		00:21:32	04:10
55	173	NOGUERA MORENO , MARÍA DOLORES	Vet B	M	2	CLUB TRIATLÃ³N GUERRITA	00:21:41	04:12

GENERAL MASCULINO

1	53	FERNÁNDEZ TORRES , SERGIO	Senior	H	1	TRAINANDFOOD	00:16:41	03:14
2	179	ORTUÑO MARTINEZ, SERGIO	Senior	H	2	TRAIN AND FOOD	00:17:43	03:26
3	180	PÁEZ SÁEZ , FRANCISCO	Vet B	H	1	CLUB: EQUIPO VÃ•CTIMAS DEL TERRORISI	00:17:48	03:27

LOCALES FEMENINO

55	173	NOGUERA MORENO , MARÍA DOLORES	Vet B	M	2	CLUB TRIATLÃ³N GUERRITA	00:21:41	04:12
95	159	MURRAY MURRAY, IWONA	Vet A	M	1	COSTA CALIDA KAYAK CLUB	00:23:26	04:33
138	29	CANOVAS CAMPOS , BEATRIZ	Vet A	M	4		00:25:45	05:00

LOCALES MASCULINO

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