

| Pos | Dor | Nombre                            | Categoria | S | PC | Club                         | Tiempo   | Ritmo |
|-----|-----|-----------------------------------|-----------|---|----|------------------------------|----------|-------|
| 5   | 258 | MARTINEZ GARRIDO, RAUL            | SENIOR    | H | 3  | A.D.A. ABARAN                | 00:25:51 | 03:24 |
| 16  | 436 | SAORIN CANO, ALBERTO              | M35       | H | 6  | C.A. ABARAN                  | 00:27:02 | 03:33 |
| 21  | 27  | BARBA GOMEZ, JESUS JOAQUIN        | JUN/PRO   | H | 2  | A.D.A. ABARAN                | 00:27:50 | 03:39 |
| 43  | 161 | GOMEZ GOMEZ, RAUL                 | M40       | H | 10 | A.D.A. ABARAN                | 00:29:15 | 03:50 |
| 62  | 61  | CARRILLO MOLINA, ADOLFO           | M45       | H | 7  | GRUPO ALCARAZ                | 00:30:03 | 03:57 |
| 76  | 163 | GOMEZ LUNA, ANTONIO               | M35       | H | 19 | A.D.A. ABARAN                | 00:30:39 | 04:01 |
| 77  | 324 | MOSCARDO GOMEZ, DAVID CARMELO     | M35       | H | 20 | CENTRO NOVAFIT               | 00:30:39 | 04:01 |
| 79  | 182 | GUARNIZO, JAY                     | SENIOR    | H | 17 |                              | 00:30:45 | 04:02 |
| 86  | 486 | YELO MARTINEZ, ANTONIO            | SENIOR    | H | 20 | A.D.A. ABARAN                | 00:31:06 | 04:05 |
| 101 | 345 | ORTEGA CANO, FATIMA               | SENIOR    | M | 2  | MOBEL AUTOMENOR RUNNING TEAM | 00:31:42 | 04:10 |
| 108 | 367 | PEREZ JULIA, FCO. BARTOLOME       | M55       | H | 8  | A.D.A. ABARAN                | 00:32:13 | 04:14 |
| 141 | 23  | BALLESTERO PEDRAZA, DAVID         | M40       | H | 23 |                              | 00:34:02 | 04:28 |
| 145 | 266 | SANCHEZ ASENSIO, MARTIN PEDRO     | M55       | H | 14 | LORQUI RUNNERS               | 00:34:08 | 04:29 |
| 160 | 375 | POVEDA CANO, JOSE                 | M35       | H | 30 | A.D.A. ABARAN                | 00:34:39 | 04:33 |
| 161 | 257 | MARTINEZ GARRIDO, JAVIER          | SENIOR    | H | 32 | ATLETISMO ABARAN             | 00:34:40 | 04:33 |
| 162 | 78  | CUTILLAS TORNERO, FRANCISCO DAVID | SENIOR    | H | 33 |                              | 00:34:51 | 04:35 |
| 163 | 150 | GOMEZ CARPENA, ANTONIO JAVIER     | M50       | H | 12 | CENTRO NOVAFIT               | 00:34:52 | 04:35 |
| 168 | 379 | PUCHE GOMEZ, FRANCISCO JAVIER     | M50       | H | 13 | A.D.A. ABARAN                | 00:35:15 | 04:38 |
| 184 | 295 | MIRA MILANES, ELISABETH           | M50       | M | 2  | A.D.A. ABARAN                | 00:36:08 | 04:45 |
| 185 | 413 | SALMERON. MONTIEL., CARLOS        | SENIOR    | H | 39 |                              | 00:36:12 | 04:45 |
| 197 | 234 | LUCAS SAORIN, SERGIO              | M40       | H | 31 |                              | 00:36:42 | 04:49 |
| 214 | 319 | MORENO SAORIN, OSCAR              | JUN/PRO   | H | 6  | CENTRO NOVAFIT               | 00:37:09 | 04:53 |
| 230 | 465 | TORRES LINDE, FRANCISCO DAVID     | M45       | H | 35 |                              | 00:37:48 | 04:58 |
| 236 | 2   | ABELLAN MARTINEZ, OSCAR           | M50       | H | 18 | A.D.A. ABARAN                | 00:37:54 | 04:59 |
| 259 | 305 | MOLINA MOLINA, MIRIAM             | M45       | M | 11 | CENTRO NOVAFIT               | 00:38:41 | 05:05 |
| 264 | 62  | CARRILLO MORENO, NATALIA          | M45       | M | 12 | C.A. ABARAN                  | 00:38:57 | 05:07 |
| 265 | 105 | FRIAS, FRANCIS                    | M45       | H | 39 |                              | 00:38:59 | 05:07 |
| 275 | 391 | RODRIGUEZ SOLER, PEDRO            | M55       | H | 22 |                              | 00:39:30 | 05:11 |
| 277 | 145 | GASTON, MAURICIO                  | JUN/PRO   | H | 7  |                              | 00:39:36 | 05:12 |
| 278 | 157 | GOMEZ GARCIA, PABLO               | M35       | H | 44 |                              | 00:39:41 | 05:13 |
| 281 | 321 | MOROTE, RUBEN                     | M45       | H | 40 | A.D.A. ABARAN                | 00:39:55 | 05:15 |
| 284 | 244 | MARIN MOLINA, PABLO               | CAD/JUV   | H | 5  | A.D.A. ABARAN                | 00:40:03 | 05:16 |
| 292 | 343 | ORENES CAYUELAS, VICTOR           | M35       | H | 46 | A.D.A. ABARAN                | 00:40:19 | 05:18 |
| 293 | 259 | MARTINEZ GIMENEZ, ADORACION       | M50       | M | 5  | A.D.A. ABARAN                | 00:40:22 | 05:18 |
| 299 | 467 | TRIGUEROS MOLINA, FUEN            | SENIOR    | M | 12 | NOVAFIT                      | 00:40:40 | 05:21 |
| 300 | 44  | CAMACHO VALERA, ARTURO            | SENIOR    | H | 52 | CENTRO NOVAFIT               | 00:40:40 | 05:21 |
| 301 | 291 | MINANO CARRASCO, JESUS DAVID      | SENIOR    | H | 53 |                              | 00:40:45 | 05:21 |
| 321 | 388 | RODRIGUEZ PEREZ, ALBERTO JOSE     | SENIOR    | H | 54 | CENTRO NOVAFIT               | 00:42:06 | 05:32 |
| 332 | 141 | GARIJO TOLEDO, JOSE LUIS          | M40       | H | 49 |                              | 00:42:45 | 05:37 |
| 334 | 236 | LUNA PALAZON, CLARA               | M35       | M | 9  |                              | 00:42:50 | 05:38 |
| 353 | 99  | FERNANDEZ GOMEZ, JOSE DAVID       | M35       | H | 54 |                              | 00:44:16 | 05:49 |
| 359 | 203 | JAEN MARTINEZ, JUAN ANTONIO       | M50       | H | 32 | A.D.A. ABARAN                | 00:44:26 | 05:50 |
| 360 | 351 | PALAZON LOVA, MIRIAM              | M35       | M | 12 | A.D.A. ABARAN                | 00:44:29 | 05:51 |
| 371 | 251 | MARTINEZ AROCA, MIRIAM            | SENIOR    | M | 20 | CENTRO NOVAFIT               | 00:45:15 | 05:57 |
| 375 | 199 | HERRERA, ALEX                     | SENIOR    | H | 61 |                              | 00:45:19 | 05:57 |
| 380 | 466 | TORRES LINDE, MIGUEL ANGEL        | M45       | H | 46 |                              | 00:45:49 | 06:01 |

# XIV Carrera Popular Ruta de las Norias

## 7.6K CARRERA ABSOLUTA (7600 m) - 24-10-2021

local

| Pos | Dor | Nombre                   | Categoria | S | PC | Club                                | Tiempo   | Ritmo |
|-----|-----|--------------------------|-----------|---|----|-------------------------------------|----------|-------|
| 381 | 159 | GOMEZ GOMEZ, ENRIQUE     | M50       | H | 34 | A.D.A. ABARAN                       | 00:45:49 | 06:01 |
| 391 | 478 | VERDEJO ATO, CARMEN      | M35       | M | 14 |                                     | 00:47:32 | 06:15 |
| 392 | 149 | GOME TORNERO, NICOLAS    | JUN/PRO   | H | 9  | NOVAFIT                             | 00:47:39 | 06:16 |
| 408 | 479 | VERDEJO ATO, PEDRO       | M45       | H | 50 |                                     | 00:52:28 | 06:54 |
| 415 | 50  | CANO BASTIDA, LETICIA    | SENIOR    | M | 27 |                                     | 00:55:19 | 07:16 |
| 423 | 369 | PEREZ LUNA, MARIA TERESA | M65       | M | 2  | A.D.A. ABARAN                       | 01:01:41 | 08:06 |
| 425 | 294 | MINANO PEREZ, RUBEN      | M40       | H | 53 | UNION DEPORTIVA VETEGARIANA / VEGGI | 01:01:42 | 08:07 |
| 430 | 193 | HERNANDEZ, RAQUEL        | M45       | M | 29 |                                     | 01:03:03 | 08:17 |