

III Carrera popular El Esparragal

Carrera absoluta (5000 m) - 31-07-2019

Clasificación General

Pos	Dor	Nombre	Categoría	S	PC	Club	Tiempo	Ritmo
1	313	RAOUGUI . , OTMANE	Senior	H	1	UCAM ATHLEO CIEZA	00:16:17	03:07
2	409	VILLEGAS JAÉN, FERNANDO	Senior	H	2	C.A. NOGALTE - HOGAR PUERTO LUMBREF	00:16:26	03:09
3	277	PARRA INIESTA , ANTONIO	Vet A	H	1	RAJAOS RUNNERS	00:16:28	03:10
4	131	GÓMEZ SÁNCHEZ, ALBERTO	Senior	H	3	CLUB TRIATLON ONDARRETA ALCORCÓN	00:16:33	03:10
5	132	GONZÁLEZ HERNÁNDEZ , JOSÉ	Senior	H	4	PAN MORENO	00:16:36	03:11
6	352	RUIZ SANCHEZ, FRANCISCO JAVIER	Senior	H	5	FONDISTAS DE ALCANTARILLA	00:16:42	03:12
7	39	CABRERA PÉREZ, PEDRO ANTONIO	Senior	H	6	PAN MORENO	00:16:57	03:15
8	630	RACHDI, BOUMEDINE	Senior	H	7	AD LLANO DE BRUJAS	00:16:58	03:15
9	15	ALEGRE GIMÉNEZ , KEVIN JUAN	Jun/Pro	H	1	CLUB ATHLETISMO MURCIA	00:17:00	03:16
10	153	HERNANDEZ MIRALLES, JOSAN	Vet A	H	2	C. A. TRAGAMILLAS ORIHUELA	00:17:07	03:17
11	248	MORENO GONZÁLEZ , JOSE	Senior	H	8		00:17:09	03:17
12	376	SANCHEZ ROMERO, DAVID	Vet A	H	3	FONDISTAS DE ALCANTARILLA	00:17:19	03:19
13	275	PARDO BASTIDA, SERGIO	Vet A	H	4	TRIALHAMA	00:17:33	03:22
14	430	ALBADELEJO VIVANCOS, JUAN MIGUEL	Vet B	H	1	PEKABO AULA PLUS MURCIA	00:17:35	03:22
15	200	LUCAS VERA, EDU	Vet A	H	5	CLUB ATLETISMO TOTANA	00:17:39	03:23
16	17	ANDRADA BARRETO, JOSE ANTONIO	Vet B	H	2	INDEPENDIENTE	00:17:47	03:25
17	103	GARCÍA DE SAN PEDRO , JOSE MIGUEL	Senior	H	9	RAJAOS RUNNERS	00:17:56	03:26
18	408	VILLEGAS JAEN, JOSÉ DAVID	Senior	H	10	INDEPENDIENTE	00:18:00	03:27
19	244	MONTESINOS BELMONTE, JOSE CARLOS	Vet B	H	3	BITEC TRI IMPULSO	00:18:05	03:28
20	162	INIESTA CUADRADO, PEDRO	Senior	H	11	RAJAOS RUNNERS	00:18:19	03:31
21	332	RODRÍGUEZ NAVARRO, MARTÍN	Vet A	H	6	LOS LEONES DEL TRAIL	00:18:19	03:31
22	161	INIESTA CUADRADO, ANTONIO	Senior	H	12	RAJAOS RUNNERS	00:18:19	03:31
23	358	CARPENA HONGUERO, PATRICK	Vet B	H	4	RAJAOS RUNNERS	00:18:23	03:32
24	8	ALBACETE BALLESTA, RICARDO	Senior	H	13		00:18:25	03:32
25	97	GALLEGOS GUAYAQUIL , WILSON	Vet C	H	1	WERTANIC@S RUNNING	00:18:26	03:32
26	377	SÁNCHEZ SANCHEZ, TOMAS	Vet C	H	2	E.D.M.CARAVACA DE LA CRUZ	00:18:29	03:33
27	354	SALAR SALAR, MIGUEL ANTONIO	Senior	H	14	LOS LEONES DEL TRAIL	00:18:44	03:36
28	151	HERNANDEZ HERNANDEZ, FRANCISCO JA	Vet B	H	5	LOS LEONES DEL TRAIL	00:18:45	03:36
29	78	ESCOLAR SAURA, EDUARDO	Vet C	H	3	C.D. RUNTRITÓN	00:18:47	03:36
30	102	GARCIA BALLESTER , FRANCISCO	Vet C	H	4	INDEPENDIENTE	00:18:48	03:36
31	219	MARTÍNEZ GARCÍA, OSCAR	Vet B	H	6	PAN MORENO	00:18:50	03:37
32	252	MUÑOZ BELMONTE , JUANCHO	Vet B	H	7	AD LLANO DE BRUJAS	00:18:52	03:37
33	407	VILLAVERDE VIÑA, FAUSTINO	Vet B	H	8	LA VERDEVILLA	00:19:01	03:39
34	53	CARCELES ALMAGRO , ALEJANDRO	Vet A	H	7	AD LLANO DE BRUJAS	00:19:01	03:39
35	90	FERNANDEZ PALAZON, JOSE MANUEL	Vet A	H	8	PEKABO AULA PLUS MURCIA	00:19:01	03:39
36	217	MARTINEZ DE LA TORRE, DAVID	Vet A	H	9	MOTRIVACIONAL	00:19:04	03:40
37	371	SÁNCHEZ MARTÍNEZ, SERGIO	Senior	H	15		00:19:09	03:40
38	209	MARTIN JIMENEZ, GUZMAN	Senior	H	16	RAJAOS RUNNERS	00:19:13	03:41
39	372	SÁNCHEZ MERINO, ALFONSO	Vet A	H	10	AD PEKABO TRIATLON MURCIA AULA	00:19:13	03:41
40	333	RODRÍGUEZ NAVARRO, RAÚL	Vet B	H	9	LOS LEONES DEL TRAIL	00:19:13	03:41
41	322	ROCHE -, CHRISTOPHE	Vet B	H	10	WAPAVENTURA	00:19:16	03:42
42	242	MOLINA RODRÍGUEZ, ANTONIO	Vet A	H	11	LOS LEONES DEL TRAIL	00:19:20	03:43
43	631	HERNANDEZ HERNANDEZ, ALBERTO	Jun/Pro	H	2	INDEPENDIENTE	00:19:32	03:45
44	71	CUENCA LOPEZ, JUAN JOSÉ	Vet B	H	11	BICICOSTA PASICO A PASICO ORIHUELA	00:19:32	03:45
45	260	NAVARRO MARTINEZ, BENJAMIN	Vet B	H	12		00:19:33	03:45
46	304	QUESADA GONZALEZ, SERGIO	Vet B	H	13	C.A. PUERTO TORREVIEJA	00:19:36	03:46

III Carrera popular El Esparragal

Carrera absoluta (5000 m) - 31-07-2019

Clasificación General

Pos	Dor	Nombre	Categoría	S	PC	Club	Tiempo	Ritmo
47	267	OLIVA LOPEZ, ADRIAN	Senior	H	17	RAJAOS RUNNERS	00:19:36	03:46
48	375	SANCHEZ RODRÍGUEZ , JOSE ANTONIO	Vet C	H	5	C.D. ALQUERIAS	00:19:37	03:46
49	297	PIZARRO GÓMEZ, ALBERTO	Senior	H	18	CLUB CHOTACABRAS	00:19:41	03:47
50	309	RAGA ARQUIMBAU, JOSELUIS	Vet C	H	6	DELTA VALENCIA C.A.	00:19:43	03:47
51	127	GEA VIDAL, ANDRÉS	Senior	H	19	C.T. ÁGUILAS PRIMAFLOR	00:19:44	03:47
52	434	SANCHEZ GALVEZ, FRANCISCO	Vet C	H	7	TRIAPLON SANTOMERA	00:19:48	03:48
53	314	REBOLLO OSMA, GEMMA	Jun/Pro	M	1	PAN MORENO	00:19:48	03:48
54	289	PÉREZ NICOLÁS, FERNANDO	Vet C	H	8	PAN MORENO	00:19:48	03:48
55	110	GARCIA BELMONTE, JUANFRANCISCO	Vet C	H	9	MI META 42K	00:19:54	03:49
56	205	MAIQUEZ MOJICA, FRAN	Vet B	H	14	GRUPO ALCARAZ	00:19:55	03:49
57	134	GONZÁLEZ AROCA, FRANCISCO JOSE	Vet A	H	12	CD LA MOTA	00:19:57	03:50
58	628	PASTOR GALVEZ, ANTONIO	Senior	H	20	PEKABO AULA PLUS MURCIA	00:20:00	03:50
59	108	GARCIA ALCARAZ, FRANCISCO	Vet A	H	13	MURSAH SHISHA TRAIL CLUB	00:20:03	03:51
60	22	AVILES BALSALOBRE, FRANCISCO	Senior	H	21		00:20:08	03:52
61	174	LAX CERMEÑO, JESÚS	Senior	H	22	SPOR-TI	00:20:09	03:52
62	218	MARTÍNEZ GARCÍA, JOSE ANTONIO	Vet B	H	15	LOS LEONES DEL TRAIL	00:20:10	03:52
63	404	VELASCO CASALINS, FRANCISCO JAVIER	Vet A	H	14	RAJAOS RUNNERS	00:20:11	03:52
64	389	GOMEZ NICOLAS, MAR	Vet B	M	1	RAJAOS RUNNERS	00:20:14	03:53
65	438	GARCIA MIRALLES, EUGENIO	Senior	H	23	C.D. 190	00:20:14	03:53
66	308	RABADAN CARBONELL, JOSE ANTONIO	Vet B	H	16	POKER RUNNER	00:20:16	03:53
67	330	RODRÍGUEZ GARCÍA, MAITE	Vet B	M	2	CLUB CORREDORES	00:20:18	03:54
68	109	GARCÍA ALONSO, EMILIO FRANCISCO	Vet B	H	17	C.A. PUERTO TORREVIEJA	00:20:18	03:54
69	1	ABELLÁN APELLÁN, JESÚS	Vet B	H	18	GRUPO ALCARAZ	00:20:19	03:54
70	250	MOULIÁÁ LÓPEZ, SERGIO	Vet A	H	15	INDEPENDIENTE	00:20:19	03:54
71	178	LEAL HERNÁNDEZ, MARIANO	Vet B	H	19	EVT GUARDIA CIVIL	00:20:21	03:54
72	415	AGUILAR MANZANO, JUAN CARLOS	Vet C	H	10	WERTANIC@S RUNNING	00:20:23	03:55
73	391	AZORIN SOLER, PEDRO	Vet D	H	1		00:20:24	03:55
74	133	GONZÁLEZ MATEO, MANUEL	Vet C	H	11	GRUPO ALCARAZ	00:20:27	03:55
75	188	LOPEZ MARTINEZ, PEDRO	Vet B	H	20	EVT GUARDIA CIVIL	00:20:27	03:55
76	112	GARCIA DOROTEO, HILARIO	Vet B	H	21	CLUB TRIATLÓN SANTOMERA	00:20:37	03:57
77	202	MACARIO LEGAZ, JOSÉ ANTONIO	Senior	H	24	FTN	00:20:43	03:59
78	199	LUCAS RODRIGUEZ , MARTIN	Jun/Pro	H	3	LOS LEONES DEL TRAIL	00:20:46	03:59
79	339	ROMERO SANCHEZ, JOSE	Vet C	H	12	RAJAOS RUNNERS	00:20:47	03:59
80	226	MARTINEZ MESEGUER , JOSÉ ANTONIO	Vet B	H	22	LOS LEONES DEL TRAIL	00:20:49	04:00
81	316	REDONDO REDONDO, JUAN	Vet C	H	13	EMSA SAN-RUN	00:20:49	04:00
82	167	JIMENEZ HERNÁNDEZ , PRUDENCIO DAVIL	Vet B	H	23	INDOMABLES RUNNERS	00:20:51	04:00
83	41	REINALDOS DAVILA, ANGEL	Vet C	H	14	LOS LEONES DEL TRAIL	00:20:51	04:00
84	185	LOPEZ FERNANDEZ, ANTONIO	Vet C	H	15	SIMPLEMENTE RUNNERS	00:20:52	04:00
85	421	PEREA PEREZ, JOSE	Vet B	H	24	SIMPLEMENTE RUNNERS	00:20:52	04:00
86	312	RAMON CARRASCO, LUIS	Senior	H	25		00:20:53	04:00
87	48	CAMPELLO FUENTES, GASPAR	Vet D	H	2	ATLETISMO SANTA POLA	00:20:54	04:01
88	76	DÍAZ ASENSIO, MARI	Vet B	M	3	CLUB ATLETISMO PUERTAS LORCA	00:20:56	04:01
89	623	NAVARRO BAUTISTA, DOMINGO	Vet A	H	16	INDEPENDIENTE	00:20:57	04:01
90	210	MARTÍNEZ ARRÓNIZ, JOSÉ MANUEL	Vet B	H	25	ARRÓNIZ PELUQUEROS	00:20:58	04:01
91	629	EXPOSITO VIDAL, JUAN ANTONIO	Senior	H	26	INDEPENDIENTE	00:21:00	04:02
92	159	HUERTAS DÍAZ, MARIO	Vet A	H	17	TRIALHAMA	00:21:02	04:02

III Carrera popular El Esparragal

Carrera absoluta (5000 m) - 31-07-2019

Clasificación General

Pos	Dor	Nombre	Categoría	S	PC	Club	Tiempo	Ritmo
93	234	MARTINEZ RUIPEREZ, JUAN FRANCISCO	Vet A	H	18	CASICORREDORES	00:21:07	04:03
94	72	DATO HERNANDEZ, SEBASTIAN	Vet A	H	19	CASICORREDORES	00:21:07	04:03
95	125	GARRE MARTÍNEZ, PABLO	Jun/Pro	H	4	C.D. ALQUERIAS	00:21:07	04:03
96	172	LARROSA GONZÁLEZ, MIGUEL COSME	Vet D	H	3		00:21:09	04:04
97	88	FERNÁNDEZ DE GEA, MARIANO	Vet C	H	16	MALECON 08:30	00:21:09	04:04
98	194	LORENZO RODRIGUEZ, MARI CARMEN	Vet B	M	4		00:21:10	04:04
99	38	BURILLO EGEA, ISAAC	Vet A	H	20		00:21:11	04:04
100	213	MARTÍNEZ MARTINEZ, JOSE	Senior	H	27		00:21:13	04:04
101	370	SANCHEZ MARTINEZ, MIGUEL	Jun/Pro	H	5	PAN MORENO	00:21:14	04:05
102	366	SANCHEZ FRUTOS, SAMUEL	Jun/Pro	H	6	WERTANIC@S RUNNING	00:21:14	04:05
103	436	PEÑALVER MARTINEZ, JUAN JOSE	Vet B	H	26	INDEPENDIENTE	00:21:17	04:05
104	401	TOVAR SÁNCHEZ, JUAN	Senior	H	28	INDEPENDIENTE	00:21:17	04:05
105	182	LÓPEZ BONACHE, ADRIÁN	Senior	H	29	TRIALHAMA	00:21:17	04:05
106	68	CORREYERO GUILLEN, ANTONIO	Vet C	H	17	CLUB TRIATLÓN SANTOMERA	00:21:18	04:05
107	348	RUIZ HERNANDEZ, FRANCISCO	Vet B	H	27		00:21:19	04:05
108	622	MENCHON BARRERAS, JORGE	Vet A	H	21	INDEPENDIENTE	00:21:19	04:05
109	165	JIMÉNEZ MENDEZ , MARÍA JOSÉ	Senior	M	1		00:21:21	04:06
110	433	SANCHEZ BELMONTE, JOSE ANTONIO	Vet A	H	22	RAJAOS RUNNERS	00:21:22	04:06
111	149	HERNANDEZ VERDU , JOSÉ MIGUEL	Vet A	H	23		00:21:23	04:06
112	280	PEÑALVER GONZALEZ, PEDRO	Vet B	H	28	GRUPO ALCARAZ	00:21:25	04:07
113	77	DUCHI GÓMEZ, IRMA LORENA	Vet A	M	1	LOS LEONES DEL TRAIL	00:21:26	04:07
114	298	PONCE MIRETE , MANUEL	Vet A	H	24	INDOMABLES RUNNERS	00:21:27	04:07
115	400	TOVAR N, CRISTIAN	Vet B	H	29	C.D. ALQUERIAS	00:21:28	04:07
116	192	LOPEZ TORRALBA, ANGEL	Vet C	H	18	CLUB KAMPAMENTO BASE	00:21:29	04:07
117	420	GARCIA BULLON, IVAN	Jun/Pro	H	7		00:21:30	04:08
118	310	RAMÍREZ LAJARÍN, FELIPE JAVIER	Vet C	H	19	CLUB TRIATLÓN ÁGUILAS - PRIMAFLOR	00:21:30	04:08
119	263	NICOLAS QUESADA, JAVIER	Vet B	H	30	LOS LEONES DEL TRAIL	00:21:31	04:08
120	439	MANRRESA FERRANDEZ, RAFAEL	Vet C	H	20	C.A. GRUMOX	00:21:32	04:08
121	113	GARCÍA FERNÁNDEZ, FERNANDO	Vet A	H	25		00:21:35	04:09
122	14	ALEDO LOPEZ, ANTONIO	Vet B	H	31	190 MILÉSIMAS	00:21:39	04:09
123	141	GRACIA CARRILERO, JUANJO	Vet C	H	21	C.A. ERMITA DE BURGOS	00:21:41	04:10
124	216	MARTINEZ BARQUEROS, JAVIER	Vet C	H	22		00:21:42	04:10
125	139	GONZALEZ POVEDA, JOSE MIGUEL	Vet A	H	26		00:21:43	04:10
126	64	CLEMENTE MARTÍNEZ , ALFONSO	Vet C	H	23	EVT GUARDIA CIVIL	00:21:46	04:11
127	4	ABENZA MANZANERA, MANUEL	Senior	H	30		00:21:46	04:11
128	56	CASCALES CARRILLO, JAVIER	Vet B	H	32	A.D ZATPEK	00:21:48	04:11
129	264	NOGUERA MORENO NOGUERA MORENO, I	Vet B	M	5	CLUB TRIATLÓN GUERRITA	00:21:49	04:11
130	5	AGÜERA RIQUELME, ISÁÍAS	Jun/Pro	H	8		00:21:51	04:12
131	89	FERNÁNDEZ ORENES , JUAN ANTONIO	Vet A	H	27		00:21:51	04:12
132	52	CANOVAS RUIZ, JOSE LUIS	Vet D	H	4	SOTERRAVÍAS	00:21:56	04:13
133	130	GÓMEZ DE BARREDA BARTLETT, LUIS	Vet B	H	33	LOS LEONES DEL TRAIL	00:21:57	04:13
134	396	TORREGROSA CASTRO, ANTONIO MIGUEL	Vet D	H	5	HTRAINER	00:22:01	04:14
135	426	CERDAN GARCIA, ALVARO	Senior	H	31	ARTENGO	00:22:02	04:14
136	124	GARCÍA VILLA GARCÍA VILLA, FRANCISCO	Senior	H	32	LORQUI RUNNER	00:22:09	04:15
137	627	MAYOL LOPEZ , CRISTINA	Senior	M	2	C.T. ARCHENA	00:22:12	04:16
138	30	BELCHÍ NAVARRO, PABLO JOSÉ	Senior	H	33		00:22:12	04:16

III Carrera popular El Esparragal

Carrera absoluta (5000 m) - 31-07-2019

Clasificación General

Pos	Dor	Nombre	Categoría	S	PC	Club	Tiempo	Ritmo
139	232	MARTÍNEZ RODRÍGUEZ, RODRIGO	Senior	H	34	CLUB CHOTACABRAS	00:22:13	04:16
140	179	LÓPEZ CAMPOS, ANTONIO ENRIQUE	Vet B	H	34	PAN MORENO	00:22:14	04:16
141	166	JIMÉNEZ ELIPE JIMÉNEZ ELIPE, LAURA	Senior	M	3	PAN MORENO	00:22:15	04:16
142	29	BELCHÍ NAVARRO, FRANCISCO	Vet B	H	35		00:22:15	04:16
143	37	BONACHE RUIPEREZ, MIGUEL ÁNGEL	Senior	H	35	AD LLANO DE BRUJAS	00:22:15	04:16
144	59	CASTELLANO HERNÁNDEZ , CARMEN RITA	Vet A	M	2	CLUB TRIATLON ONDARRETA ALCORCÓN	00:22:15	04:16
145	99	GALVEZ MARTINEZ, JOSÉ	Vet D	H	6	CORREBIRRAS	00:22:16	04:16
146	176	LEAL GARCIA, JESUS	Jun/Pro	H	9	C.D. QUIPAR	00:22:18	04:17
147	395	TORRALBA RUIZ, JESÚS	Vet A	H	28	AD LLANO DE BRUJAS	00:22:19	04:17
148	243	MONREAL HERNÁNDEZ, IBÁN	Senior	H	36	RAJAOS RUNNERS	00:22:21	04:17
149	321	RIVERA CARAVACA, JOSEMIGUEL	Senior	H	37	FITGOOD	00:22:22	04:18
150	386	SERRANO GARRE, MIGUEL	Senior	H	38		00:22:22	04:18
151	255	PEREZ MORENO, ABEL	Vet B	H	36		00:22:22	04:18
152	147	HERNÁNDEZ GÓMEZ , JOSE	Senior	H	39		00:22:24	04:18
153	168	JUÁREZ FERNÁNDEZ, MARÍA JESÚS	Vet A	M	3		00:22:24	04:18
154	292	PEREZ PEREZ, ANTONIO	Vet B	H	37	C.A. COMEMILLAS	00:22:25	04:18
155	82	ESPIN ARCOS, MANUEL	Vet A	H	29	INSAD	00:22:25	04:18
156	12	ALCARAZ FREIXINOS, RAMÓN	Vet B	H	38		00:22:27	04:19
157	33	BELMONTE SEVA, MANUEL	Vet A	H	30	INDEPENDIENTE	00:22:28	04:19
158	253	MUÑOZ TORRECILLAS, VICTORIA MARIA	Vet B	M	6	C.A. COMEMILLAS	00:22:28	04:19
159	66	COLUCHO MARTINEZ, FRANCISCO	Senior	H	40	BITEC TRI IMPULSO	00:22:30	04:19
160	221	MARTÍNEZ HERRERO, JUAN MANUEL	Senior	H	41	FTN	00:22:31	04:19
161	121	GARCÍA MESEGUER , FRANCISCO JOSE	Senior	H	42	RAJAOS RUNNERS	00:22:32	04:20
162	323	ROCHE SANCHEZ, LEO	Jun/Pro	H	10	WAPAVENTURA	00:22:33	04:20
163	362	SÁNCHEZ BAELLA, JOSE ANTONIO	Vet A	H	31		00:22:33	04:20
164	54	CARMONA VALCÁRCCEL, ESPERANZA	Vet B	M	7	PAN MORENO	00:22:34	04:20
165	338	ROMERO MORENO, FRANCISCO JOSE	Vet B	H	39	RAJAOS RUNNERS	00:22:35	04:20
166	418	GARCIA PEREZ, SALVADOR	Vet B	H	40		00:22:41	04:21
167	254	MURCIA CUELLO MURCIA CUELLO, JOSE L	Vet C	H	24		00:22:41	04:21
168	21	ZAMORA ARROYO, JOSE ANTONIO	Vet A	H	32	AD LLANO DE BRUJAS	00:22:44	04:22
169	60	CASTILLO RUANO , BELEN	Senior	M	4	FTN	00:22:45	04:22
170	46	CAMACHO RIOS, ANTONIO JOSE	Vet B	H	41	LOS LEONES DEL TRAIL	00:22:46	04:22
171	83	ESPINOSA LATORRE, FRANCISCO JAVIER	Vet A	H	33	CASICORREDORES	00:22:49	04:23
172	282	PEREÑIGUEZ MARTINEZ, ANTONIO	Vet B	H	42	LOS LEONES DEL TRAIL	00:22:49	04:23
173	251	MUÑOZ ALARCON, FRANCISCO	Vet A	H	34	AD LLANO DE BRUJAS	00:22:53	04:24
174	227	MARTÍNEZ MONTESINOS, JORGE	Vet B	H	43	RAJAOS RUNNERS	00:22:53	04:24
175	390	ZAPATA VELÁSQUEZ , CARLOS	Vet B	H	44	CLÍNICA DENTAL DRA. EVA LÓPEZ	00:22:53	04:24
176	285	PEREZ FERNANDEZ, JOSE ANGEL	Vet A	H	35	PAPIS-BEER-RUNNERS	00:22:54	04:24
177	397	TORRES ANDREU, DANIEL	Senior	H	43		00:22:54	04:24
178	311	RAMIREZ RECHE, ROBERTO	Vet B	H	45		00:22:57	04:24
179	184	LOPEZ DEL AMO LORENTE, ANDRES	Senior	H	44	PAN MORENO	00:22:59	04:25
180	425	KOTSYULYM HLADUN, VASYL	Senior	H	45	ARTENGO	00:23:01	04:25
181	392	SORIANO MARCO, FINI	Vet B	M	8	CLUB DE ATLETISMO PUERTAS LORCA	00:23:02	04:25
182	303	PUJANTE FRANCO, JUAN	Vet D	H	7	RAJAOS RUNNERS	00:23:02	04:25
183	278	PASTOR MARTINEZ, MIGUEL ANGEL	Vet B	H	46		00:23:02	04:25
184	423	ANGLADA OLIVARES, CRISTIAN	Senior	H	46		00:23:04	04:26

III Carrera popular El Esparragal

Carrera absoluta (5000 m) - 31-07-2019

Clasificación General

Pos	Dor	Nombre	Categoría	S	PC	Club	Tiempo	Ritmo
185	42	CAIZA TAIPE, SANTIAGO	Vet A	H	36	FTN	00:23:04	04:26
186	364	SANCHEZ CARRILERO, M ^a CARMEN	Vet B	M	9	LOS LEONES DEL TRAIL	00:23:05	04:26
187	271	ORTUÑO RUIZ, JOSE MANUEL	Vet B	H	47	LOS LEONES DEL TRAIL	00:23:05	04:26
188	369	SANCHEZ LOPEZ, ANGEL	Vet A	H	37	INDEPENDIENTE	00:23:06	04:26
189	349	RUIZ MARTÍNEZ, CARLOS	Vet A	H	38	COLEGIO MAGDA	00:23:06	04:26
190	128	GIL VALERO, FELIPE	Senior	H	47		00:23:07	04:26
191	50	CANOVAS LORENTE, MARIA	Vet B	M	10	C.D. ALQUERIAS	00:23:08	04:26
192	18	ANDREO MARTÍNEZ, MARIO	Vet A	H	39	CLUB CORREBIRRAS	00:23:09	04:27
193	353	SÁEZ GARRIDO, GONZALO	Vet C	H	25	INDEPENDIENTE	00:23:11	04:27
194	624	ROS VALVERDE, JORGE	Vet A	H	40	INDEPENDIENTE	00:23:14	04:28
195	197	LOZANO RUSTARAZO, MANUEL	Vet B	H	48		00:23:15	04:28
196	58	CASTAÑO PENALVA, MAXI	Vet A	H	41		00:23:16	04:28
197	13	ALCÁZAR GARCÍA, ADRIAN	Senior	H	48		00:23:16	04:28
198	228	MARTÍNEZ MORA, DESIRÉE	Senior	M	5	AD LLANO DE BRUJAS	00:23:18	04:28
199	632	MARTINEZ SEGOVIA, EMINLIO	Senior	H	49	LLANO DE BRUJAS	00:23:19	04:29
200	181	LÓPEZ AYALA, JAVIER	Senior	H	50		00:23:24	04:30
201	51	CÁNOVAS MARTÍNEZ, SAMUEL	Senior	H	51	FTN	00:23:25	04:30
202	256	NAVARRO GIL, RUBÉN	Senior	H	52		00:23:26	04:30
203	413	ZARAGOZA RUIZ, LOLA	Vet B	M	11	GRUPO ALCARAZ	00:23:27	04:30
204	140	GRACIA CABRERO, JUANJO	Senior	H	53	C.A ERMITA DE BURGOS	00:23:28	04:30
205	106	GARCÍA ORTUÑO, ROCÍO	Senior	M	6	INDEPENDIENTE	00:23:28	04:30
206	360	SÁNCHEZ MARTÍNEZ, DAVID	Vet B	H	49	OLIMPIC CLUB	00:23:29	04:30
207	427	SANCHEZ FERNANDEZ, DAVID	Vet B	H	50	KIPAR	00:23:30	04:31
208	625	MUÑOZ JIMENEZ, MIGUEL ANGEL	Senior	H	54	AD LLANO DE BRUJAS	00:23:31	04:31
209	269	ORTEGA RICO, JOSÉ ANTONIO	Vet B	H	51	AD LLANO DE BRUJAS	00:23:31	04:31
210	95	FRUTOS FERNANDEZ, RECESVINTO	Senior	H	55	MATAOS TEAM	00:23:32	04:31
211	32	BELMONTE MOÑINO, JOSE MANUEL	Vet B	H	52	EVT GUARDIA CIVIL	00:23:32	04:31
212	2	ABELLAN NICOLAS, DANIEL	Vet A	H	42	AD LLANO DE BRUJAS	00:23:34	04:31
213	387	SERRANO GIL, JESUS	Vet A	H	43		00:23:35	04:32
214	410	VIVANCOS LÓPEZ, JESÚS	Jun/Pro	H	11		00:23:37	04:32
215	357	SÁNCHEZ CLARES, DIEGO MIGUEL	Vet B	H	53	CLUB MONTAÑERO DE MURCIA	00:23:38	04:32
216	424	HERNANDEZ IBERNON, PASCUAL	Vet B	H	54	RAJAOS RUNNERS	00:23:40	04:33
217	92	FERRANDIZ CRESPO, M. CARMEN	Vet B	M	12	CORREBIRRAS	00:23:42	04:33
218	183	LÓPEZ CASCALES, PEDRO JOSÉ	Vet C	H	26		00:23:43	04:33
219	315	REDONDO MARTIN, ANGEL	Vet A	H	44	INSAD	00:23:44	04:33
220	119	GARCIA MANZANO, ANTONIO	Vet C	H	27	A.D. ATLETARRIXACA	00:23:45	04:34
221	411	ZAPATA LÓPEZ, JUAN	Vet A	H	45		00:23:46	04:34
222	150	HERNÁNDEZ GABARRÓN, MATÍAS	Vet B	H	55	NEWGARDEN SPAIN S.L.	00:23:47	04:34
223	414	BELLUGA MORENO, RAFAEL	Senior	H	56	RAJAOS RUNNERS	00:23:48	04:34
224	328	RODRÍGUEZ RUIZ, JOSÉ JOAQUÍN	Vet B	H	56		00:23:49	04:34
225	422	CARRILLO RUIZ, ANGEL	Jun/Pro	H	12	AD LLANO DE BRUJAS	00:23:49	04:34
226	274	PALAZON MARTINEZ, JOSE JAVIER	Senior	H	57	AD LLANO DE BRUJAS	00:23:50	04:35
227	334	ROMERO CANOVAS, MYRIAM	Senior	M	7	TRIALHAMA	00:23:51	04:35
228	365	SÁNCHEZ FRANCO, ANTONIO	Vet C	H	28	WERTANIC@S RUNNING	00:23:53	04:35
229	57	CASCALES GARCIA, DAVID	Jun/Pro	H	13		00:23:55	04:35
230	233	MARTINEZ ROMERA, FRANCISCO JOSE	Vet B	H	57	WERTANIC@S RUNNING	00:23:58	04:36

III Carrera popular El Esparragal

Carrera absoluta (5000 m) - 31-07-2019

Clasificación General

Pos	Dor	Nombre	Categoría	S	PC	Club	Tiempo	Ritmo
231	261	NICOLÁS DELGADO , MANUEL	Senior	H	58	CD LA MOTA	00:23:58	04:36
232	170	LACARCEL HURTADO , ROSA	Vet B	M	13	RAJAOS RUNNERS	00:23:59	04:36
233	136	GONZALEZ MARTIN, BEATRIZ	Vet A	M	4	CLUB ATLETISMO DIPUTACIÓN DE ALBACE	00:24:05	04:37
234	118	GARCÍA LÓPEZ, FERNANDO	Vet B	H	58	CORREBIRRAS	00:24:05	04:37
235	156	HERNANDEZ SERRANO, JOSE ANTONIO	Vet C	H	29	ASON	00:24:07	04:38
236	335	ROMERO CORDOBA, JULIAN	Vet A	H	46	TRIALHAMA	00:24:09	04:38
237	317	REGAL GARCÍA, JOSÉ MANUEL	Vet D	H	8	C.A. MANDARACHE CARTAGENA	00:24:09	04:38
238	169	LACAL GARCÍA, DAVID MATEO	Vet A	H	47	WERTANIC@S RUNNING	00:24:10	04:38
239	93	FRANCO MARTINEZ, FRANCISCO JAVIER	Vet B	H	59		00:24:16	04:40
240	87	FERNÁNDEZ ZALDIVAR, LISBET	Senior	M	8		00:24:17	04:40
241	324	ROCHE SANCHEZ, NOA	Jun/Pro	H	14	WAPAVENTURA	00:24:19	04:40
242	283	PEREZ ANDREU, ISABEL	Vet B	M	14	SOTERRAVÍAS	00:24:21	04:40
243	100	GALVEZ NICOLAS, FERNANDO ELIAS	Vet B	H	60	SOTERRAVÍAS	00:24:21	04:40
244	49	CANO MARTINEZ, KETI	Vet A	M	5	LOS LEONES DEL TRAIL	00:24:22	04:41
245	114	GARCIA GARRE, M CARMEN	Vet B	M	15		00:24:23	04:41
246	212	MARTINEZ MARIN, MARIANO	Vet B	H	61	PAN MORENO	00:24:24	04:41
247	295	PIQUERAS MARÍN, JOSE JUAN	Vet A	H	48	SUNSET RUNNERS	00:24:31	04:42
248	431	SANCHEZ ANDUJAR, OSCAR	Vet B	H	62	INDEPENDIENTE	00:24:32	04:43
249	85	ESQUER ORTIN, JORGE	Vet C	H	30	MI META 42K	00:24:33	04:43
250	231	MARTINEZ PEREZ, ISABEL	Vet B	M	16	PAN MORENO	00:24:34	04:43
251	186	LÓPEZ GARCÍA, MOISÉS	Vet A	H	49		00:24:34	04:43
252	36	BEVIAR CARRILLO, FERNANDO	Vet A	H	50	AD LLANO DE BRUJAS	00:24:36	04:43
253	180	LOPEZ ANTÓN, JOSÉ VICENTE	Vet B	H	63	AD LLANO DE BRUJAS	00:24:37	04:44
254	19	ANDREU REYES, JOSÉ JOAQUÍN	Vet A	H	51	INDEPENDIENTE	00:24:38	04:44
255	306	QUILES PEREZ, RAMÓN	Vet C	H	31	CD LA MOTA	00:24:42	04:45
256	403	VEGA MERINO, PAULA	Vet A	M	6	LOS LEONES DEL TRAIL	00:24:44	04:45
257	294	PIQUERAS ANDUGAR, JOSE IGNACIO	Vet C	H	32	LOS LEONES DEL TRAIL	00:24:44	04:45
258	198	LOZANO SÁNCHEZ , ANTONIO	Senior	H	59	RACERS LEGION MURCIA	00:24:46	04:45
259	3	ABELLÁN SÁNCHEZ, ANA MARIA	Senior	M	9	30740 CLUB DEPORTIVO	00:24:47	04:45
260	273	PALAZÓN LLOR, ANTONIO	Vet A	H	52		00:24:50	04:46
261	143	GRIÑAN BASTIDA, JUAN JOSE	Vet B	H	64	PAN MORENO	00:24:54	04:47
262	373	SÁNCHEZ PELLICER, PABLO	Senior	H	60	CD LA MOTA	00:24:58	04:48
263	284	PEREZ CEREZO, ERICA	Jun/Pro	M	2	CA MURCIA TOVARSPORT	00:25:00	04:48
264	249	MORENO MOLINA, JORGE	Vet A	H	53	INDEPENDIENTE	00:25:01	04:48
265	235	MAYOR DOMINGO, OSCAR	Vet B	H	65		00:25:01	04:48
266	196	LOZANO MORENO, GABRIEL	Vet C	H	33	PAN MORENO	00:25:03	04:49
267	246	MORA SÁNCHEZ , PAQUI	Vet C	M	1	AD LLANO DE BRUJAS	00:25:04	04:49
268	325	RODENAS QUIÑONERO, JOSE LUIS	Senior	H	61	AD LLANO DE BRUJAS	00:25:04	04:49
269	238	GONZALEZ MEDINA, MIGUEL ÁNGEL	Vet B	H	66	KM21 MONTEPINAR	00:25:06	04:49
270	626	SANCHEZ MERA, JOSE ANGEL	Jun/Pro	H	15	INDEPENDIENTE	00:25:06	04:49
271	158	HIDALGO HIDALGO, PAQUI	Senior	M	10	PEKABO AULA PLUS MURCIA	00:25:07	04:49
272	344	RUBIO AROCA, RICARDO	Vet B	H	67	MERCAMURCIA	00:25:09	04:50
273	266	NOVES MARTÍNEZ, DOMINGO	Vet B	H	68	INDEPENDIENTE	00:25:11	04:50
274	351	RUIZ QUIÑONERO, SERGIO	Senior	H	62	C.A. TULLIDOS	00:25:16	04:51
275	75	DEL VALLE NICOLAS, MIGUEL	Vet C	H	34	PAN MORENO	00:25:20	04:52
276	34	BELTRÁN MATEOS, DAVID	Vet B	H	69		00:25:21	04:52

III Carrera popular El Esparragal

Carrera absoluta (5000 m) - 31-07-2019

Clasificación General

Pos	Dor	Nombre	Categoría	S	PC	Club	Tiempo	Ritmo
277	287	PÉREZ MARTÍNEZ, ADRIÁN	Senior	H	63	C.A ERMITA DE BURGOS	00:25:22	04:52
278	270	ORTUÑO MARTÍNEZ, ESPERANZA	Senior	M	11	C.A ERMITA DE BURGOS	00:25:23	04:52
279	187	LÓPEZ ILLAN , SERGIO	Vet A	H	54		00:25:26	04:53
280	276	PARDO FERNANDEZ, IBEL	Senior	M	12	PAN MORENO	00:25:28	04:53
281	105	GARCIA MORENO, BLAS	Vet B	H	70	PAN MORENO	00:25:29	04:54
282	107	GARCÍA PELLICER , PAKICO	Vet D	H	9		00:25:30	04:54
283	268	OLMOS SAEZ, DAVID	Vet A	H	55		00:25:31	04:54
284	23	BAÑOS SEGURA, JUAN JOSE	Vet B	H	71	4 SANTOS CARTAGENA	00:25:33	04:54
285	432	MARTINEZ MARTINEZ , PATRI	Vet C	H	35	PAN MORENO	00:25:37	04:55
286	177	LEAL HERNANDEZ, VICTOR	Senior	H	64		00:25:40	04:56
287	302	PUJANTE TERRER, GABRIEL	Vet A	H	56		00:25:44	04:56
288	11	ALCARAZ MORENO , JOSÉ	Vet A	H	57		00:25:45	04:57
289	318	REGO BESTILLEIRO, ISMAEL	Vet A	H	58	INDEPENDIENTE	00:25:50	04:58
290	350	RUIZ PALOMINO, ANGEL	Vet C	H	36	PAN MORENO	00:25:51	04:58
291	336	ROMERO GONZALEZ, JOSE	Jun/Pro	H	16	RAJAOS RUNNERS	00:25:51	04:58
292	405	VIDAL MARTÍN, MARIO	Senior	H	65		00:25:53	04:58
293	146	GUILLEN CANUTO, ANTONIO	Vet A	H	59	AD. SANTOMERA RUNNING	00:25:56	04:59
294	206	MANUEL AVILES, MIGUEL ANGEL	Vet B	H	72	AD LLANO DE BRUJAS	00:25:57	04:59
295	379	SANDOVAL GARCÍA, GEMA NATALIA	Jun/Pro	M	3	RED TEAM	00:26:04	05:00
296	380	SANDOVAL MIGUEL, ENRIQUE	Vet C	H	37	RED TEAM	00:26:04	05:00
297	142	GRIÑAN BASTIDA, JOSE SEBASTIAN	Vet A	H	60	PAN MORENO	00:26:08	05:01
298	296	PIQUERAS MARÍN , FRANCISCO JAVIER	Senior	H	66	SUNSET RUNNERS	00:26:09	05:01
299	435	DE LA CRUZ KAISER, CRISTINA	Vet C	M	2	SOTERRAVIAS	00:26:10	05:01
300	80	ESCUDERO SANCHEZ, PEDRO JOSE	Vet C	H	38	POKER RUNNER	00:26:11	05:02
301	286	PÉREZ HERNÁNDEZ , M.ÁNGELES	Senior	H	67	PAN MORENO	00:26:18	05:03
302	203	MADRID SERRANO, VERÓNICA	Senior	M	13	AD LLANO DE BRUJAS	00:26:21	05:04
303	55	CARVAJAL GARCIA, ESTHER	Senior	M	14		00:26:24	05:04
304	329	RODRIGUEZ AMIGO, FRANCISCO	Vet C	H	39		00:26:29	05:05
305	193	LORCA CASCALES, ROSA MARIA	Vet C	M	3	RAJAOS RUNNERS	00:26:32	05:06
306	368	RODRIGUEZ LORCA, JUAN FRANCISCO	Senior	H	68	RAJAOS RUNNERS	00:26:33	05:06
307	381	SANMARTIN AISA, LARA	Vet B	M	17	PAN MORENO	00:26:39	05:07
308	382	SARABIA HERNANDEZ, DAVID	Vet B	H	73	CLUB CORREBIRRAS	00:26:42	05:08
309	359	SÁNCHEZ LÓPEZ , ANTONIO	Senior	H	69		00:26:48	05:09
310	47	CAMARA TOVAR, IVAN	Senior	H	70	C.D. ALQUERIAS	00:26:50	05:09
311	31	BELMONTE LUIS, SABRINA	Vet B	M	18	C.D. ALQUERIAS	00:26:50	05:09
312	122	GARCIA NAVARRO, ANTONIO	Vet B	H	74	KABRICAS	00:26:54	05:10
313	346	RUIZ FAJARDO, ANA MARIA	Vet A	M	7	GFT	00:26:56	05:10
314	111	GARCIA BOTIA, VIRGINIA	Senior	M	15		00:26:58	05:11
315	24	BARQUERO HERNANDEZ, CARMEN	Vet B	M	19	INDOMABLES RUNNERS	00:26:59	05:11
316	211	MARTÍNEZ LOZANO, JUAN JOSÉ	Vet B	H	75	CIUDADANOS RUNNERS	00:27:00	05:11
317	144	GRIÑAN-ABELLON GONZÁLEZ , ANDREA	Jun/Pro	M	4	C.D. ALQUERIAS	00:27:06	05:12
318	241	MOLINA NICOLAS, CRISTOBAL	Vet B	H	76	LOS LEONES DEL TRAIL	00:27:07	05:12
319	437	CONTRERAS AGUILAR, MARIA DOLORES	Senior	M	16	INDEPENDIENTE	00:27:07	05:12
320	195	LOZANO GONZALEZ, MARIA ANGELES	Senior	M	17		00:27:08	05:13
321	65	COLLANTES ILLERA, ROBERTO	Vet B	H	77	CENTRO HIIT	00:27:09	05:13
322	98	GALVEZ ALARCON, ISMAEL	Vet A	H	61	EVT GUARDIA CIVIL	00:27:10	05:13

III Carrera popular El Esparragal

Carrera absoluta (5000 m) - 31-07-2019

Clasificación General

Pos	Dor	Nombre	Categoría	S	PC	Club	Tiempo	Ritmo
323	220	MARTINEZ GOMEZ, DIEGO	Vet C	H	40	CUATRO SANTOS CARTAGENA	00:27:15	05:14
324	293	PEREZ SANCHEZ, SAUL	Vet A	H	62		00:27:18	05:15
325	129	GÓMEZ HELLÍN, JUAN JOSÉ	Vet C	H	41	C.A.C. JACINTO BENAVENTE	00:27:25	05:16
326	154	HERNANDEZ PEREZ, JOSE ANTONIO	Vet B	H	78	C.A.C. JACINTO BENAVENTE	00:27:25	05:16
327	6	AGÜERA RIQUELME, MARIA	Jun/Pro	M	5		00:27:26	05:16
328	393	SOTO RUFETE, AGUEDA	Vet B	M	20		00:27:26	05:16
329	91	FERNANDEZ SANCHEZ FERNANDEZ SANC	Vet D	H	10		00:27:39	05:19
330	86	FERNÁNDEZ MOLINA, FRANCISCO JAVIER	Vet B	H	79		00:27:41	05:19
331	115	GARCIA GOMEZ, JUANA	Vet C	M	4	AD PEKABO TRIATLON MURCIA AULA	00:27:43	05:19
332	259	NAVARRO LEANDRO, ANDRES	Vet C	H	42	AD PEKABO TRIATLON MURCIA AULA	00:27:43	05:19
333	245	MORA GOMEZ, JOSE MIGUEL	Vet B	H	80	AD LLANO DE BRUJAS	00:27:43	05:19
334	326	RODRIGUEZ NAVARRO, SUSANA	Vet B	M	21	LOS LEONES DEL TRAIL	00:27:46	05:20
335	222	MARTINEZ LORCA, MIGUEL ANGEL	Senior	H	71	LOS LEONES DEL TRAIL	00:27:47	05:20
336	428	SANCHEZ BERNAL , JOSE	Senior	H	72	INDE	00:27:49	05:20
337	35	BERNAL GÓMEZ, JESÚS	Vet D	H	11	INDEPENDIENTE	00:27:50	05:21
338	43	CALMACHE ALCARAZ, ELENA	Vet B	M	22	AD LLANO DE BRUJAS	00:27:51	05:21
339	62	CAYUELAS RABASCO, PEDRO ÁNGEL	Senior	H	73	AD LLANO DE BRUJAS	00:27:51	05:21
340	175	LAX CERMEÑO, PABLO	Jun/Pro	H	17		00:27:52	05:21
341	223	MARTINEZ MARTINEZ , TRINI	Vet C	M	5	LOS LEONES DEL TRAIL	00:27:54	05:21
342	135	GONZALEZ GOMEZ, JUAN ANTONIO	Vet D	H	12	CD LA MOTA	00:27:55	05:22
343	163	JIMÉNEZ CALVA , MÓNICA LUCÍA	Vet B	M	23	WERTANIC@S RUNNING	00:27:56	05:22
344	40	CÁDIZ TURPIN, DELIA	Senior	H	74	LOS LEONES DEL TRAIL	00:27:58	05:22
345	272	PÁEZ ESPINOSA, ALEJANDRO	Vet A	H	63	LOS LEONES DEL TRAIL	00:27:59	05:22
346	384	SEGURA GONZALEZ, ALFONSO	Senior	H	75	PAN MORENO	00:28:06	05:24
347	279	PELLUZ ESTEBAN, MARIAVI	Senior	M	18		00:28:11	05:25
348	440	VAN ZUTPHEN , JERRY	Vet B	H	81	C.A. GRUMOX	00:28:11	05:25
349	388	SOGUERO GARCÍA, PATRICIA	Vet B	M	24		00:28:11	05:25
350	265	NOGUERA PASTOR, PEDRO	Vet D	H	13	EQUIS INMOBILIARIA	00:28:13	05:25
351	171	LACARCEL HURTADO, TOÑI	Vet C	M	6	RAJAOS RUNNERS	00:28:14	05:25
352	240	MIMI SAADAoui, WALID	Jun/Pro	H	18		00:28:14	05:25
353	123	GARCÍA NAVARRO, VÍCTOR MANUEL	Jun/Pro	H	19		00:28:15	05:25
354	101	GARCÍA ÁLVAREZ , ELVIRA	Vet A	M	8		00:28:28	05:28
355	45	CALZADA CERVERO, PEPE	Vet D	H	14	EVT GUARDIA CIVIL	00:28:29	05:28
356	155	HERNÁNDEZ ROSA, RAQUEL	Vet A	M	9	CLUB ATLETICO ORIOL	00:28:30	05:28
357	96	FRUTOS PIÑERO, SUSANA	Vet B	M	25		00:28:31	05:29
358	419	DIAZ NAVARRO, ELISABET	Senior	M	19		00:28:37	05:30
359	361	SÁNCHEZ ACOSTA, JUDIT	Jun/Pro	M	6		00:28:40	05:30
360	341	ROSA CARAVACA, MARTA	Jun/Pro	M	7	AD LLANO DE BRUJAS	00:28:43	05:31
361	258	NAVARRO JARA, FRANCISCO JOSÉ	Senior	H	76		00:28:44	05:31
362	160	HURTADO NICOLAS, JAVIER	Vet A	H	64	PAN MORENO	00:28:59	05:34
363	157	HERRERA HUEVA, IVÁN	Senior	H	77		00:29:03	05:35
364	69	COSTA COSTA, RAMON	Vet C	H	43	C.D. ALQUERIAS	00:29:07	05:35
365	61	CAVA SANCHEZ, ISABEL	Vet B	M	26		00:29:09	05:36
366	138	GONZÁLEZ PORRAS, VERÓNICA	Vet A	M	10		00:29:10	05:36
367	290	PÉREZ ORENES, MARINA	Senior	M	20	PAN MORENO	00:29:16	05:37
368	152	HERNANDEZ MARTINEZ, TOÑI	Vet B	M	27	INDOMABLES RUNNERS	00:29:20	05:38

III Carrera popular El Esparragal

Carrera absoluta (5000 m) - 31-07-2019

Clasificación General

Pos	Dor	Nombre	Categoría	S	PC	Club	Tiempo	Ritmo
369	385	SERRANO VALVERDE , PRUDENCIO	Vet C	H	44		00:29:22	05:38
370	94	FRANCO MARTÍNEZ, Mª ÁNGELES	Vet A	M	11		00:29:24	05:39
371	237	MAYOR SANCHEZ, ESTHER	Vet B	M	28	SUNSET RUNNERS	00:29:30	05:40
372	343	RUBIO ALEMÁN, MARÍA JOSÉ	Senior	M	21	RACERS LEGION MURCIA	00:29:31	05:40
373	307	RABADAN BELTRAN, MARÍA SALUD	Vet B	M	29	C.D. TRIATLÓN TADER MOLINA	00:29:31	05:40
374	363	SANCHEZ CARAVACA, JOAQUIN	Vet B	H	82	INDEPENDIENTE	00:29:36	05:41
375	230	MARTINEZ OLIVA OLIVA, JOSE ANTONIO	Vet B	H	83	INDEPENDIENTE	00:29:39	05:42
376	305	QUEZADA OJEDA, ROCIO CUMANDA	Vet B	M	30	RAJAOS RUNNERS	00:29:46	05:43
377	319	RIESTRA RIVAS, PABLO	Vet C	H	45		00:29:50	05:44
378	79	ESCOLAR VIGUERAS VIGUERAS, RAQUEL	Senior	M	22		00:29:52	05:44
379	355	SALINAS ANDREU, LUIS	Vet B	H	84		00:29:52	05:44
380	288	PÉREZ NICOLAS, MARIA	Senior	M	23		00:29:52	05:44
381	70	COSTILLA GARCIA, ALBERTO	Vet D	H	15	42195.ES	00:30:00	05:46
382	621	NAVARRO ARDOY, DANIEL	Vet B	H	85	INDEPENDIENTE	00:30:02	05:46
383	81	ESPÍN BAUTISTA, MARINA	Jun/Pro	M	8	C.A MURCIA TOVARSPORT	00:30:02	05:46
384	44	CALVO SORIANO , FERNAN	Vet B	H	86		00:30:49	05:55
385	120	GARCÍA MARCO, JOSÉ	Vet B	H	87		00:30:49	05:55
386	340	ROSA BRAVO, ISABEL	Vet A	M	12	AD LLANO DE BRUJAS	00:30:59	05:57
387	173	LAX ARAGÓN , MARÍA	Senior	M	24		00:31:03	05:58
388	215	MARTINEZ ALVAREZ, FRANCISCO JAVIER	Vet B	H	88	LOS LEONES DEL TRAIL	00:31:08	05:59
389	320	RIQUELME SÁNCHEZ, ANTONIO	Vet D	H	16	C.A.C. JACINTO BENAVENTE	00:31:18	06:01
390	27	BELANDO CUERDA, CHRISTIAN	Jun/Pro	H	20	RAJAOS RUNNERS	00:31:37	06:04
391	201	LUNA ALMAGRO , JORGE	Vet A	H	65		00:32:00	06:09
392	236	MAYOR SANCHEZ, ALMUDENA	Vet A	M	13	SUNSET RUNNERS	00:32:02	06:09
393	189	LOPEZ PEREZ, MANUELA	Vet A	M	14		00:32:23	06:13
394	331	RODRIGUEZ MARTINEZ, MARTA	Senior	M	25		00:32:24	06:13
395	342	ROSA HIDALGO, VIOLANTE	Vet C	M	7	AD LLANO DE BRUJAS	00:32:38	06:16
396	7	ALARCON GONZALEZ, EVA	Vet B	M	31	KABRICAS	00:32:38	06:16
397	416	MUELAS BALLESTA, PABLO	Senior	H	78		00:32:46	06:18
398	417	MELGAR MUELAS, PEDRO	Senior	H	79		00:32:46	06:18
399	26	BELANDO BALLESTA, REBECA	Vet A	M	15	RAJAOS RUNNERS	00:32:51	06:19
400	214	MARTÍNEZ MOYA, REGINA	Vet C	M	8		00:32:57	06:20
401	402	VALENCIA AGUILAR, PAOLA	Senior	M	26		00:33:01	06:20
402	356	SÁNCHEZ MONTIEL, DIEGO	Vet B	H	89		00:33:03	06:21
403	137	GONZÁLEZ PONCE, MARIA	Senior	M	27	RAJAOS RUNNERS	00:33:05	06:21
404	399	TOVAR NAVARRO, PEDRO	Vet C	H	46	C.D. ALQUERIAS	00:33:05	06:21
405	327	RODRÍGUEZ NICOLÁS , ÁLVARO	Jun/Pro	H	21		00:33:08	06:22
406	398	TOVAR MARTINEZ, ALICIA	Senior	M	28		00:33:08	06:22
407	347	RUIZ MONSERRATE, LUIS	Senior	H	80		00:33:08	06:22
408	374	SANCHEZ PEREZ, EMILIO	Vet D	H	17	MARATHON CARTAGENA	00:33:18	06:24
409	300	PUENTE PÉREZ, ANTONIA MARÍA	Vet C	M	9	C.A.C. JACINTO BENAVENTE	00:33:21	06:24
410	345	RUIPEREZ BALSALOBRE, ANTONIA	Vet D	M	1	C.A.C. JACINTO BENAVENTE	00:33:21	06:24
411	291	NICOLAS ALONSO, DOLORES	Vet B	M	32	AD LLANO DE BRUJAS	00:34:03	06:32
412	207	MANZANARES CAMACHO , MELANIA	Senior	M	29	AD LLANO DE BRUJAS	00:34:17	06:35
413	148	HERNÁNDEZ MEMBRILLA, MÓNICA	Senior	M	30	AD LLANO DE BRUJAS	00:34:18	06:35
414	164	MUÑOZ NICOLAS, ERIKA	Senior	M	31	AD LLANO DE BRUJAS	00:34:21	06:36

III Carrera popular El Esparragal

Carrera absoluta (5000 m) - 31-07-2019

Clasificación General

Pos	Dor	Nombre	Categoria	S	PC	Club	Tiempo	Ritmo
415	378	SÁNCHEZ TOVAR, CECILIA	Vet B	M	33	CORREMILLAS	00:34:21	06:36
416	16	ALMAGRO MARTÍNEZ, DELIA ISABEL	Senior	M	32	AD LLANO DE BRUJAS	00:34:22	06:36
417	257	NAVARRO BARRERO, CRISTINA	Vet A	M	16	AD LLANO DE BRUJAS	00:34:40	06:40
418	117	GARCÍA HERNÁNDEZ, ESTER	Senior	M	33	AD LLANO DE BRUJAS	00:34:40	06:40
419	367	SANCHEZ GALVEZ, ROSA MARIA	Vet A	M	17		00:34:46	06:41
420	229	MARTINEZ NICOLAS, ANTONIO	Senior	H	81		00:34:46	06:41
421	104	GARCÍA MARTÍNEZ, JOSÉ ANTONIO	Senior	H	82		00:34:52	06:42
422	406	VILLAESCUSA LOPEZ, MAITE	Vet B	M	34		00:35:14	06:46
423	429	PEREZ LOPEZ, PAQUI	Vet B	M	35	CIUDADANOS RUNNERS	00:35:14	06:46
424	337	ROMERO HERRERA, CONCEPCION	Vet C	M	10	INSAD	00:35:41	06:51
425	204	MAESTRO GARCIA , INMA	Vet B	M	36	INDOMABLES RUNNERS	00:36:12	06:57
426	25	BASTIDA JIMÉNEZ , FRANCISCA	Vet B	M	37	INDOMABLES RUNNERS	00:36:12	06:57
427	20	ANTON PASCUAL, MAITE	Vet D	M	2	MARUJAS ACELERÁS	00:36:16	06:58
428	116	GARCIA GRANERO, MARIANO	Vet D	H	18	C.A. ALMORADÍ TRIKILÓMETROS	00:38:27	07:23
429	412	ZARAGOZA ROMERO, JUAN SALVADOR	Vet C	H	47	RAJAOS RUNNERS	00:41:30	07:58
430	299	PORCEL HERNANDEZ, ROSARIO	Vet B	M	38	RAJAOS RUNNERS	00:41:57	08:04
431	28	BELANDO CUERDA, LOLI	Jun/Pro	M	9	RAJAOS RUNNERS	00:42:01	08:04