



# 100k Pedestres Los Alcazares 2018

42k (40000 m) - 03-03-2018

## Clasificación General

Pos	Dor	Nombre	Categoría	S	PC	Club	T. Oficial	Ritmo		
1	34	RODRIGUEZ, OLIVIA	Unica	m	1		03:57:08	05:55		
		1 - 00:26:30 .(05:18 min/k)			2 - 00:26:26 .(05:17 min/k)			3 - 00:26:27 .(05:17 min/k)		
		4 - 00:27:18 .(05:27 min/k)			5 - 00:29:12 .(05:50 min/k)			6 - 00:31:23 .(06:16 min/k)		
		7 - 00:33:53 .(06:46 min/k)			8 - 00:36:00 .(07:12 min/k)					
2	11	CARRASCO LOPEZ, INMACULADA	Unica	m	2		04:41:18	07:01		
		1 - 03:27:10 .(41:26 min/k)			2 - 00:29:40 .(05:56 min/k)			3 - 00:30:16 .(06:03 min/k)		
		4 - 00:30:37 .(06:07 min/k)			5 - 00:37:51 .(07:34 min/k)			6 - 00:39:39 .(07:55 min/k)		
		7 - 00:46:33 .(09:18 min/k)			8 - 00:36:46 .(07:21 min/k)					
3	22	IBARRA GONZÁLVIZ, ESTEFANÍA	Unica	m	3	CLUB DE ATLETISMO LA NUCÍA	05:05:19	07:37		
		1 - 04:12:08 .(50:25 min/k)			2 - 00:30:52 .(06:10 min/k)			3 - 00:33:23 .(06:40 min/k)		
		4 - 00:33:23 .(06:40 min/k)			5 - 00:38:10 .(07:38 min/k)			6 - 00:38:57 .(07:47 min/k)		
		7 - 00:50:40 .(10:08 min/k)			8 - 00:50:46 .(10:09 min/k)					
4	69	ROCA CARRIO, MARIA JOSE	Unica	m	4	653988116	07:12:03	10:48		
		1 - 04:17:41 .(51:32 min/k)			2 - 00:48:31 .(09:42 min/k)			3 - 00:48:33 .(09:42 min/k)		
		4 - 00:50:08 .(10:01 min/k)			5 - 01:00:12 .(12:02 min/k)			6 - 00:59:03 .(11:48 min/k)		
		7 - 00:55:27 .(11:05 min/k)			8 - 01:02:34 .(12:30 min/k)					
5	36	SANCHEZ SANTOS, IGNACIO	Unica	h	1	SHURRUNNERS	08:39:58	12:59		
		1 - 06:29:26 .(1:17:53 min/k)			2 - 00:53:33 .(10:42 min/k)			3 - 00:48:34 .(09:42 min/k)		
		4 - 00:58:42 .(11:44 min/k)			5 - 01:08:10 .(13:38 min/k)			6 - 01:16:41 .(15:20 min/k)		
		7 - 01:36:58 .(19:23 min/k)			8 - 01:14:47 .(14:57 min/k)					