

# Cieza10k 2017

## 10k (10000 m) - 13-05-2017

### Clasificación General

| Pos | Dor | Nombre | Categoría | S | PC | Club | Tiempo | Ritmo |
|-----|-----|--------|-----------|---|----|------|--------|-------|
|-----|-----|--------|-----------|---|----|------|--------|-------|

#### JUNIOR-PROMESA

|    |     |                        |                |   |   |                           |          |       |
|----|-----|------------------------|----------------|---|---|---------------------------|----------|-------|
| 4  | 20  | BELLUGA MORENO, RAFAEL | JUNIOR-PROMESA | h | 1 | FONDISTAS DE ALCANTARILLA | 00:36:42 | 03:40 |
| 6  | 90  | KHADI KHADI, BILAL     | JUNIOR-PROMESA | h | 2 |                           | 00:36:56 | 03:41 |
| 10 | 252 | MASAKI, KAMAL          | JUNIOR-PROMESA | h | 3 |                           | 00:37:31 | 03:45 |

#### JUNIOR-PROMESA

|     |     |                     |                |   |   |                                 |          |       |
|-----|-----|---------------------|----------------|---|---|---------------------------------|----------|-------|
| 152 | 113 | LUCAS MARÍN, IRENE  | JUNIOR-PROMESA | m | 1 | CLUB TRIATLÓN ARCHENA IBERCOMUS | 00:49:07 | 04:54 |
| 187 | 91  | LAVEDA CANO, LORENA | JUNIOR-PROMESA | m | 2 | C.A. VILLA DE BLANCA            | 00:53:45 | 05:22 |

#### M35

|    |     |                          |     |   |   |                               |          |       |
|----|-----|--------------------------|-----|---|---|-------------------------------|----------|-------|
| 5  | 25  | BLEDA MARTINEZ, ISMAEL   | M35 | h | 1 |                               | 00:36:50 | 03:41 |
| 12 | 55  | GARCÍA CANO, JOSE MANUEL | M35 | h | 2 | CLUB DEPORTIVO HOYA DEL CAMPO | 00:37:54 | 03:47 |
| 13 | 112 | LUCAS CARRILLO, JOSE     | M35 | h | 3 | UCAM ATHLEO CIEZA             | 00:38:31 | 03:51 |

#### M35

|     |     |                       |     |   |   |                        |          |       |
|-----|-----|-----------------------|-----|---|---|------------------------|----------|-------|
| 145 | 140 | MIÑANO PONCE, CONCHI  | M35 | m | 1 | ORBITALIA C.A. NOGALTE | 00:48:31 | 04:51 |
| 199 | 16  | BARRANCOS GARCIA, ANA | M35 | m | 2 | RAJAOS RUNNERS         | 00:55:32 | 05:33 |

#### M40

|    |     |                             |     |   |   |                    |          |       |
|----|-----|-----------------------------|-----|---|---|--------------------|----------|-------|
| 1  | 251 | EL MANSOURI, AHMED          | M40 | h | 1 |                    | 00:33:44 | 03:22 |
| 16 | 146 | MOLINA HERNÁNDEZ, JOSÉ LUIS | M40 | h | 2 | CA,VILLA DE BLANCA | 00:38:43 | 03:52 |
| 20 | 222 | SOLER SANCHEZ, JOSE         | M40 | h | 3 |                    | 00:39:09 | 03:54 |

#### M40

|     |     |                               |     |   |   |                   |          |       |
|-----|-----|-------------------------------|-----|---|---|-------------------|----------|-------|
| 75  | 192 | RIOS MORATA, BEATRIZ          | M40 | m | 1 | CLUB ALCARAZ      | 00:42:57 | 04:17 |
| 125 | 142 | MOLINA BERNABEU, ANA MARÍA    | M40 | m | 2 | DOP VINOS JUMILLA | 00:47:12 | 04:43 |
| 178 | 143 | MOLINA BERNABÉU, MARI ÁNGELES | M40 | m | 3 | DOP VINOS JUMILLA | 00:52:07 | 05:12 |

#### M45

|   |     |                                |     |   |   |                                     |          |       |
|---|-----|--------------------------------|-----|---|---|-------------------------------------|----------|-------|
| 2 | 154 | MORCILLO AVILES, JUAN          | M45 | h | 1 | CLUB TRIATLON FUENTE ALAMO CAJA RUI | 00:34:54 | 03:29 |
| 7 | 86  | IBAÑEZ MONTIEL, FRANCISCO JOSÉ | M45 | h | 2 | CIEZA TRAIL                         | 00:37:02 | 03:42 |
| 9 | 258 | CARRILLO MOLINA, ADOLFO        | M45 | h | 3 |                                     | 00:37:30 | 03:45 |

#### M45

|     |     |                                  |     |   |   |                              |          |       |
|-----|-----|----------------------------------|-----|---|---|------------------------------|----------|-------|
| 41  | 138 | MERINO GARCIA, MERCEDES          | M45 | m | 1 | MOBEL AUTOMENOR RUNNING TEAM | 00:40:41 | 04:04 |
| 90  | 144 | MOLINA CABALLERO, MARIA VICTORIA | M45 | m | 2 | ADA.ATLETISMO ABARAN         | 00:44:05 | 04:24 |
| 190 | 70  | GONEZ EGEE, MONTSERRAT           | M45 | m | 3 | CORREBIRRAS                  | 00:53:54 | 05:23 |

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#### M50

|    |     |                                |     |   |   |                       |          |       |
|----|-----|--------------------------------|-----|---|---|-----------------------|----------|-------|
| 8  | 93  | LENCINA ALONSO, ANGEL          | M50 | h | 1 | CLUB TRIATLON JUMILLA | 00:37:03 | 03:42 |
| 44 | 54  | GARCIA BELMONTE, JUANFRANCISCO | M50 | h | 2 | MI META, 42K          | 00:41:06 | 04:06 |
| 51 | 219 | SAORIN ROS, PEDRO              | M50 | h | 3 | GRAPPAS               | 00:41:34 | 04:09 |

#### M50

|     |     |                           |     |   |   |                           |          |       |
|-----|-----|---------------------------|-----|---|---|---------------------------|----------|-------|
| 89  | 160 | MUÑOZ IBAÑEZ, JOSEFA      | M50 | m | 1 | FONDISTAS DE ALCANTARILLA | 00:43:52 | 04:23 |
| 142 | 162 | NICOLAS ZOMEÑO, MARIA     | M50 | m | 2 | ORBITALIA C.A. NOGALTE    | 00:48:14 | 04:49 |
| 204 | 34  | CANOVAS CANO, JUANA MARIA | M50 | m | 3 | SIMPLEMENTE RUNNERS       | 00:56:15 | 05:37 |

#### M55

|    |    |                            |     |   |   |                          |          |       |
|----|----|----------------------------|-----|---|---|--------------------------|----------|-------|
| 24 | 46 | ESCOLAR SAURA, EDUARDO     | M55 | h | 1 | C.D. RUNTRITON CARTAGENA | 00:39:20 | 03:56 |
| 29 | 28 | BUENDIA GARRIDO, ANTONIO   | M55 | h | 2 | INDEPENDIENTE            | 00:39:48 | 03:58 |
| 31 | 3  | AGUILAR CERVANTES, ANTONIO | M55 | h | 3 | CD RUNTRITON CARTAGENA   | 00:39:55 | 03:59 |

#### M60

|    |     |                            |     |   |   |                |          |       |
|----|-----|----------------------------|-----|---|---|----------------|----------|-------|
| 38 | 12  | AZORIN SOLER, PEDRO        | M60 | h | 1 | CORREBIRRAS    | 00:40:25 | 04:02 |
| 91 | 76  | GUILLEN ALBACETE, NORBERTO | M60 | h | 2 | INDEPENDIENTE  | 00:44:06 | 04:24 |
| 94 | 186 | PUJANTE FRANCO, JUAN       | M60 | h | 3 | RAJAOS RUNNERS | 00:44:31 | 04:27 |

#### M60

|     |    |                      |     |   |   |             |          |       |
|-----|----|----------------------|-----|---|---|-------------|----------|-------|
| 198 | 43 | DURÁN JIMÉNEZ, PILAR | M60 | m | 1 | CORREBIRRAS | 00:55:02 | 05:30 |
|-----|----|----------------------|-----|---|---|-------------|----------|-------|

#### M65

|     |     |                         |     |   |   |                      |          |       |
|-----|-----|-------------------------|-----|---|---|----------------------|----------|-------|
| 108 | 236 | MARÍN SALMERÓN, MARIO   | M65 | h | 1 |                      | 00:45:33 | 04:33 |
| 150 | 107 | LOPEZ VELAZQUEZ, MATIAS | M65 | h | 2 |                      | 00:48:59 | 04:53 |
| 171 | 39  | CONESA LÓPEZ, FRANCISCO | M65 | h | 3 | SENDERISTA MOLINENSE | 00:51:08 | 05:06 |

#### SENIOR

|    |    |                           |        |   |   |                        |          |       |
|----|----|---------------------------|--------|---|---|------------------------|----------|-------|
| 3  | 1  | HERNANDEZ GARCIA, CARLOS  | SENIOR | h | 1 | ORBITALIA C.A. NOGALTE | 00:36:23 | 03:38 |
| 11 | 31 | CÁMARA PARDO, JORGE       | SENIOR | h | 2 |                        | 00:37:38 | 03:45 |
| 19 | 36 | CASANOVA FERNANDEZ, DIEGO | SENIOR | h | 3 | INDEPENDIENTE          | 00:39:07 | 03:54 |

#### SENIOR

|     |     |                       |        |   |   |                        |          |       |
|-----|-----|-----------------------|--------|---|---|------------------------|----------|-------|
| 66  | 245 | GUILLÉN SEGURA, LAURA | SENIOR | m | 1 |                        | 00:42:31 | 04:15 |
| 100 | 4   | ALCANTUD PÉREZ, ELENA | SENIOR | m | 2 | CD RUNTRITON CARTAGENA | 00:44:55 | 04:29 |
| 128 | 229 | VILLEGAS JAÉN, MARÍA  | SENIOR | m | 3 |                        | 00:47:27 | 04:44 |

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|-----|-----|--------|-----------|---|----|------|--------|-------|

## GENERAL FEMENINO

|    |     |                         |        |   |   |                              |          |       |
|----|-----|-------------------------|--------|---|---|------------------------------|----------|-------|
| 41 | 138 | MERINO GARCIA, MERCEDES | M45    | m | 1 | MOBEL AUTOMENOR RUNNING TEAM | 00:40:41 | 04:04 |
| 66 | 245 | GUILLÉN SEGURA, LAURA   | SENIOR | m | 1 |                              | 00:42:31 | 04:15 |
| 75 | 192 | RIOS MORATA, BEATRIZ    | M40    | m | 1 | CLUB ALCARAZ                 | 00:42:57 | 04:17 |

## GENERAL MASCULINO

|   |     |                          |        |   |   |                                     |          |       |
|---|-----|--------------------------|--------|---|---|-------------------------------------|----------|-------|
| 1 | 251 | EL MANSURI, AHMED        | M40    | h | 1 |                                     | 00:33:44 | 03:22 |
| 2 | 154 | MORCILLO AVILES, JUAN    | M45    | h | 1 | CLUB TRIATLON FUENTE ALAMO CAJA RUI | 00:34:54 | 03:29 |
| 3 | 1   | HERNANDEZ GARCIA, CARLOS | SENIOR | h | 1 | ORBITALIA C.A. NOGALTE              | 00:36:23 | 03:38 |

## LOCALES FEMENINO

|     |     |                         |                |   |   |                                 |          |       |
|-----|-----|-------------------------|----------------|---|---|---------------------------------|----------|-------|
| 146 | 119 | MARÍN SÁNCHEZ, VIRGINIA | SENIOR         | m | 4 | PORTAZGO TRAIL                  | 00:48:46 | 04:52 |
| 149 | 214 | SANCHEZ RIOS, CLARA     | SENIOR         | m | 5 | CIEZA TRAIL                     | 00:48:56 | 04:53 |
| 152 | 113 | LUCAS MARÍN, IRENE      | JUNIOR-PROMESA | m | 1 | CLUB TRIATLÓN ARCHENA IBERCOMUS | 00:49:07 | 04:54 |

## LOCALES MASCULINO

|   |     |                          |        |   |   |                                     |          |       |
|---|-----|--------------------------|--------|---|---|-------------------------------------|----------|-------|
| 2 | 154 | MORCILLO AVILES, JUAN    | M45    | h | 1 | CLUB TRIATLON FUENTE ALAMO CAJA RUI | 00:34:54 | 03:29 |
| 3 | 1   | HERNANDEZ GARCIA, CARLOS | SENIOR | h | 1 | ORBITALIA C.A. NOGALTE              | 00:36:23 | 03:38 |
| 5 | 25  | BLEDA MARTINEZ, ISMAEL   | M35    | h | 1 |                                     | 00:36:50 | 03:41 |