

IX San Silvestre de Alquer  as

Carrera absoluta 5k (5000 m) - 29-12-2019

Clasificaci  n General

Pos	Dor	Nombre	Categor��a	S	PC	Club	Tiempo	Ritmo
-----	-----	--------	------------	---	----	------	--------	-------

Jun/Pro

9	61	HICHAMI OOO, ANAS	Jun/Pro	H	1	A.D. ELIOCROCA	00:18:20	03:40
56	106	MU��OZ HERRERO, ALVARO	Jun/Pro	H	2	GRUPO ALCARAZ	00:22:16	04:27
77	89	MART��NEZ LARROSA, MIGUEL ��NGEL	Jun/Pro	H	3		00:24:13	04:50

Jun/Pro

83	140	SANCHEZ GALLEG0 , ERIKA	Jun/Pro	M	1	C.T MURCIA UNIDATA	00:24:32	04:54
----	-----	-------------------------	---------	---	---	--------------------	----------	-------

Senior

2	49	G��MEZ ��, LEANDRO	Senior	H	1		00:16:49	03:21
3	132	ROCA MESEGUER, FERNANDO	Senior	H	2	GRUPO ALCARAZ	00:16:59	03:23
4	186	RACHDI, BOUMEDIENE	Senior	H	3	CLUB . NOVELDA	00:17:22	03:28

Senior

23	77	LUMBRERAS SANCHEZ, SORAYA	Senior	M	1		00:19:57	03:59
115	118	PEREZ ESQUIVA, JESICA	Senior	M	2		00:26:58	05:23
122	152	TOVAR MARTINEZ, ALICIA	Senior	M	3	AD LLANO DE BRUJAS	00:27:44	05:32

Vet A

5	70	LOPEZ ALARCON, JOAQUIN	Vet A	H	1	RAJAOS RUNNERS	00:17:46	03:33
11	76	LUCAS VERA, EDU	Vet A	H	2	RAJAOS RUNNERS	00:18:35	03:43
21	126	QUESADA GONZ��LEZ, IBAN	Vet A	H	3	C,A,PUERTO TORREVIEJA	00:19:40	03:56

Vet A

71	120	PERNI HIDALGO, CANDIDA	Vet A	M	1		00:23:35	04:43
117	137	RUIZ FAJARDO, ANA MARIA	Vet A	M	2	AD PEKABO MURCIA AULA	00:27:17	05:27
133	165	BARRANCOS GARCIA, ANA	Vet A	M	3	RAJAOS RUNNERS	00:28:30	05:42

Vet B

1	55	GUEVARA CASTELLAR, RA��L	Vet B	H	1	RAJAOS RUNNERS	00:16:44	03:20
13	139	RUIZ MARTINEZ, ��NGEL	Vet B	H	2	ATLETISMO Y SENDERISMO PUENTE VIEJC	00:18:56	03:47
14	68	LAZZARI LAZZARI, EMIL	Vet B	H	3		00:18:59	03:47

Vet B

86	41	GARCIA GARRE, M CARMEN	Vet B	M	1		00:24:51	04:58
105	164	LORCA PA��OS, CECILIA	Vet B	M	2	BICIHUERTA	00:26:18	05:15
134	141	SANCHEZ GARCIA, INMACULADA	Vet B	M	3	INDOMABLES RUNNERS	00:28:40	05:44

IX San Silvestre de Alquerías

Carrera absoluta 5k (5000 m) - 29-12-2019

Clasificación General

Pos	Dor	Nombre	Categoría	S	PC	Club	Tiempo	Ritmo
-----	-----	--------	-----------	---	----	------	--------	-------

Vet C

16	36	GALLEGOS GUAYAQUIL, WILSON	Vet C	H	1	WERTANIC@S RUNNING	00:19:04	03:48
18	18	BERMEJO ANDRADA, JUAN ANTONIO	Vet C	H	2	INDEPENDIENTE	00:19:37	03:55
22	21	CARRASCO GOMEZ, JOSE LUIS	Vet C	H	3	HELLIN DEPORTES JOSELE	00:19:43	03:56

Vet C

101	44	GARCIA LARROSA, JOSEFINA	Vet C	M	1		00:25:55	05:11
104	19	BROWN BROWN, HELEN	Vet C	M	2		00:26:17	05:15
181	189	RUFETE PINO, MARIA REMEDIOS	Vet C	M	3	CD ALQUERIAS	00:39:43	07:56

Vet D

45	20	BROWN BROWN, NICHOLAS	Vet D	H	1		00:21:36	04:19
60	14	AZORIN SOLER, PEDRO	Vet D	H	2	CORREBIRRAS	00:22:25	04:29
75	167	RICO FRANCES, MANUEL	Vet D	H	3	RAJAOS RUNNERS	00:23:58	04:47

GENERAL FEMENINO

23	77	LUMBRERAS SANCHEZ, SORAYA	Senior	M	1		00:19:57	03:59
71	120	PERNI HIDALGO, CANDIDA	Vet A	M	1		00:23:35	04:43
83	140	SANCHEZ GALLEGGO, ERIKA	Jun/Pro	M	1	C.T MURCIA UNIDATA	00:24:32	04:54

GENERAL MASCULINO

1	55	GUEVARA CASTELLAR, RAÚL	Vet B	H	1	RAJAOS RUNNERS	00:16:44	03:20
2	49	GÓMEZ =, LEANDRO	Senior	H	1		00:16:49	03:21
3	132	ROCA MESEGUER, FERNANDO	Senior	H	2	GRUPO ALCARAZ	00:16:59	03:23

LOCALES FEMENINO

122	152	TOVAR MARTINEZ, ALICIA	Senior	M	3	AD LLANO DE BRUJAS	00:27:44	05:32
151	58	HERNÁNDEZ NAVARRO, FUENSANTA	Senior	M	6		00:31:17	06:15
181	189	RUFETE PINO, MARIA REMEDIOS	Vet C	M	3	CD ALQUERIAS	00:39:43	07:56

LOCALES MASCULINO

3	132	ROCA MESEGUER, FERNANDO	Senior	H	2	GRUPO ALCARAZ	00:16:59	03:23
4	186	RACHDI, BOUMEDIENE	Senior	H	3	CLUB . NOVELDA	00:17:22	03:28
5	70	LOPEZ ALARCON, JOAQUIN	Vet A	H	1	RAJAOS RUNNERS	00:17:46	03:33