

IX San Silvestre de Alquerías

Carrera absoluta 5k (5000 m) - 29-12-2019

local

Pos	Dor	Nombre	Categoría	S	PC	Club	Tiempo	Ritmo
3	132	ROCA MESEGUER, FERNANDO	Senior	H	2	GRUPO ALCARAZ	00:16:59	03:23
4	186	RACHDI, BOUMEDIENE	Senior	H	3	CLUB . NOVELDA	00:17:22	03:28
5	70	LOPEZ ALARCON, JOAQUIN	Vet A	H	1	RAJAOS RUNNERS	00:17:46	03:33
13	139	RUIZ MARTINEZ, ÁNGEL	Vet B	H	2	ATLETISMO Y SENDERISMO PUENTE VIEJO	00:18:56	03:47
29	133	ROMERO SANCHEZ, JOSE	Vet C	H	6	RAJAOS RUNNERS	00:20:15	04:03
32	86	MARTINEZ HERNANDEZ, DANIEL	Senior	H	12	C.D. TRIATLÓN TADER MOLINA	00:20:30	04:06
33	22	CARRILLO SANCHEZ, JESUS	Senior	H	13	C. A PUERTAS LORCA	00:20:36	04:07
39	158	JARA GARRE, RAUL	Senior	H	14		00:21:10	04:14
47	148	SERRANO GARRE, MIGUEL	Senior	H	18		00:21:49	04:21
52	187	MARTIN JARA, DAVID	Senior	H	20	AD CEREZOS	00:22:08	04:25
53	175	HERNANDEZ GOMEZ, JOSE	Senior	H	21	INDEPENDIENTE	00:22:13	04:26
54	199	SANCHEZ BELMONTE, JOSE ANTONIO	Vet B	H	9	RAJAOS RUNNERS	00:22:15	04:27
56	106	MUÑOZ HERRERO, ALVARO	Jun/Pro	H	2	GRUPO ALCARAZ	00:22:16	04:27
57	79	MARIN GARNES, FRANCISCO JAVIER	Vet A	H	10	ARDILLAS TRAIL	00:22:17	04:27
58	119	PEREZ MORENO, ABEL	Vet B	H	10		00:22:22	04:28
61	35	GALLEGO CÁRCEL , SAMUEL	Senior	H	23		00:22:28	04:29
62	157	GALLEGO CÁRCEL , JOSE DANIEL	Senior	H	24		00:22:28	04:29
73	176	JIMENO PARRAGA, DAVID	Senior	H	28	INDEPENDIENTE	00:23:45	04:45
78	7	ALCÁZAR GARCÍA, ADRIAN	Senior	H	29		00:24:18	04:51
81	190	MARIN MARTINEZ, JOSE ANTONIO	Senior	H	30	INDEPENDIENTE	00:24:28	04:53
82	191	MARIN MARTINEZ, JUAN PEDRO	Senior	H	31	INDEPENDIENTE	00:24:28	04:53
88	30	ESQUER ORTIN, JORGE	Vet C	H	15	MI META 42K	00:25:00	05:00
97	80	MARIN ALHAMA, PEDRO	Vet C	H	18	ATLETISMO Y SENDERISMO PUENTE VIEJO	00:25:43	05:08
99	177	SANCHEZ RODRIGUEZ, JOSE ANTONIO	Vet C	H	19	PUENTE VIEJO ALQUIERIAS	00:25:52	05:10
102	192	ZAPATA MARIN, ANTONIO	Senior	H	35	INDEPENDIENTE	00:25:58	05:11
103	144	SANCHEZ MARTINEZ, MANUEL	Vet C	H	20		00:26:00	05:12
108	37	GALVEZ ALARCON, ISMAEL	Vet A	H	14	EVT GUARDIA CIVIL	00:26:26	05:17
110	17	BELMONTE MOÑINO , JOSE MANUEL	Vet B	H	22	EVT GUARDIA CIVIL	00:26:28	05:17
116	78	MANCHADO RUIZ, FRANCISCO JAVIER	Senior	H	38	OLYMPUS RACERS OCR	00:27:13	05:26
118	174	NAVARRO SANCHEZ, GERMAN	Vet A	H	16	INDEPENDIENTE	00:27:29	05:29
122	152	TOVAR MARTINEZ, ALICIA	Senior	M	3	AD LLANO DE BRUJAS	00:27:44	05:32
124	110	MURCIA GARCÍA , ROBERTO	Vet B	H	23		00:27:48	05:33
128	143	SANCHEZ LARROSA, MANUEL	Vet C	H	21		00:27:58	05:35
135	182	MARTINEZ RODRIGUEZ, SEBASTIAN	Senior	H	43	INDEPENDIENTE	00:28:45	05:45
136	181	SANCHEZ CANO, JOSE MANUEL	Vet A	H	19	INDEPENDIENTE	00:28:45	05:45
137	197	RATIA LOPEZ, VICTOR	Vet A	H	20	INDEPENDIENTE	00:28:50	05:46
139	54	GONZÁLEZ OLMOS, MOISÉS	Senior	H	44		00:29:27	05:53
140	105	MUÑOZ CUBÍ, ADRIÁN	Senior	H	45		00:29:27	05:53
145	9	ALHAMA PEÑAS, JOSE	Vet C	H	24	ATLETISMO Y SENDERISMO PUENTE VIEJO	00:30:25	06:05
147	195	MUÑOZ MESEGUER, JOSE CARLOS	Vet B	H	28	INDEPENDIENTE	00:31:02	06:12
151	58	HERNÁNDEZ NAVARRO, FUENSANTA	Senior	M	6		00:31:17	06:15
162	145	SÁNCHEZ MARTÍNEZ, ALVARO	Senior	H	49		00:32:56	06:35
163	179	MUÑOZ TOMAS, JAVIER	Senior	H	50	INDEPENDIENTE	00:32:56	06:35
164	60	HERNÁNDEZ PÉREZ, ÁLVARO	Senior	H	51		00:32:56	06:35
165	180	BELMONTE RABASCO, BORJA	Senior	H	52	INDEPENDIENTE	00:32:57	06:35
174	51	GONZALEZ GARRE, MOISES	Vet C	H	25		00:35:33	07:06

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181	189	RUFETE PINO, MARIA REMEDIOS	Vet C	M	3	CD ALQUERIAS	00:39:43	07:56
186	209	RODRIGUEZ PINO, ALEJANDRO	Vet B	H	32		00:46:55	09:23